

## Programme Structure 2026

**Friday:** 17th April 2026

- 13h00 – gates open
- 14h00 – **School kids** program
- **16:00 – 16:10 | Agroforestry in Namibia: Learning from Our Pioneers** Multi-species systems combining trees and crops across Namibia  
**Speaker:** Wiebke Volkmann
- **16:10 – 16:20 | Regenerative Livestock Farming in Namibia** What is working, what is challenging, and what is possible **Speaker:** Colin Nott
- **16:20 – 16:30 | Agroforestry Success Stories from Around the World** Lessons from climates similar to Namibia **Speaker:** International star speaker & Expert Patrick Worms
- 17h00 – Kambashu Institute **Mixer** and book launch
- 18h00 – Exhibition closes – **Meet & Greet Sundowner** at the tent
- 21h00 – close

**Saturday:** 18th April 2026

The Living Earth Expo 2026 programme offers practical, easy-to-follow sessions throughout the day:

- **9:00 – Gates open**
- **09:30 – 10:00 | Yoga Session** A gentle start to the day with movement and breathing. **Facilitator:** Vera (Namibia Organic Association)
- **10:30 – 10:40 | Health & Wellness: What It Means and Why It Matters** Exploring the connection between daily habits, lifestyle, and healthy eating. **Speaker:** Philip Bohlke
- **10:40 – 10:50 | A Realistic Path to Healthier Eating** Practical steps towards improving diet in a way that is achievable and sustainable. **Speaker:** Elizabeth Homateni
- **11:10 – 11:55 | Workshop: Eating Healthy on a Low Budget** Practical guidance for families on how to eat well without spending more. **Facilitators:** NAFSAN Team
- **12:00 – 12:20 | Connecting Local, Organic and Healthy Food** Why local and organic food matters for health, communities, and resilience. **Speakers:** Eckhart Foertsch, Temapo Negongo
- **12:20 – 13:00 | Lunch Break**
- **13:00 – 13:20 | Address by the Honourable Minister of Agriculture** A national perspective on food systems, agriculture, and the future of Namibia.
- **13:25 – 14:10 | Workshop: Urban Gardening, Tree Planting and Composting** What you can grow in Namibia with limited space and budget. **Facilitators:** Grant van der Merwe, Auguste Kankono
- **14:15 – 14:45 | Keeping Rural Food Traditions Alive** Preserving knowledge, culture, and resilience through traditional food systems. **Speaker:** Marika Raves
- **14:45 – 15:00 | Bringing It All Together** Building a healthier and more sustainable future for Namibia through practical action and collaboration. **Speakers:** Immo Böhm, Ben Schernick
- 15h30 – Exhibition closes