

## Nutrition for Health Facilitators Manual: Training - of -Trainers (GIZ-F4R Project)

*Implementation Results: June 2023 – August 2023*

**Table 1.** Number of multipliers trained by the GIZ-F4R food & nutrition team

Region	Number of people trained
Erongo	20
Kunene	4
Otjozondjupa	2
Oshikoto	10
Omusati	13
Oshana	20
Ohangwena	11
Kavango west and east	18
Zambezi	9
<b>Total: 107</b>	

**Table 2.** Number of farmers and individuals trained by nutrition multipliers

Region	Total number of people trained	Institutions
Oshikoto	226	MAWLR
Omusati	272	MAWLR
Oshana	398	MAWLR, EWC & MGEPEWSW
Ohangwena	165	MAWLR, NRWA & RDC
Kavango East	139	MAWLR, Society for Women Empowerment, MOHSS & CAA
Erongo	63	MAWLR & Woman Group
<b>Total: 1 263</b>		

## Pictures From the Lens of Multipliers

### 1. Nutrition Trainings in Session



*Ms. Frieda Nefungo – Oshana Region*



*Ms. Johanna Benjamin – Uukwiyuushona (Oshana)*



Galaxy A04s

*Ms. Taimi Nambambi – Engombe ADC*

## 2. Food Group Exercise



Participants brought their own food items and placed them in their appropriate food group.

**Facilitator:** Ms. Sophia Amutenya

**Place:** Omusati Region



*Interactive sessions with participants seated in semi-circles.*



**3. Group Pictures**



**Facilitator:** Ms. Sophia Amutenya

**Place:** Omusati Region



**Facilitator:** Ms. Ndilimeke Hango

**Place:** Onyeka, Oshana Region



**Facilitator:** Ms. Johanna Benjamin

**Place:** Uukwiyuushona, Oshana Region



**Facilitator:** Ms. Taimi Nambambi

**Place:** Engombe ADC, Oshana Region

### List of Institutions/Organizations

ADRA - Adventist Development and Relief Agency
CAFO - Church Alliance for Orphans
CBO-Farmers
DAPP - Development Aid from People to People
EWC - Eudafano Women's Co-operative
Kakuru (CAA) - Catholic AIDS Action
MAWLR - Ministry of Agriculture Water and Land Reform
MGEPEWSW - Ministry of Gender Equality, Poverty Eradication and Social Welfare
MOHSS - Ministry of Health and Social Services
NAN – Nutrition Alliance of Namibia
NRWA - Namibia Rural Women Association
Omaruru Childrens Haven
RDC - Namibia Red Cross
SALEM group -
SWE - Society for Women Empowerment
SOS Children's Village
HIV Support Group (Kavango)
Omaruru Taking Hands
ZAHOPA - Zambezi Horticulture Producers Association

***The End.***