



Republic of Namibia

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OFFICE OF THE PRESIDENT  
MINISTRY OF GENDER EQUALITY, POVERTY ERADICATION AND SOCIAL WELFARE

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**MENTAL HEALTH AND  
PSYCHO-SOCIAL  
SUPPORT SERVICES  
REGIONAL DIRECTORY**

unicef  | for every child

1 September 2020

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## ACKNOWLEDGEMENTS

**T**his directory is a snapshot of the various available mental health and psychosocial support services throughout Namibia. With funding from United Nations Children's Fund (UNICEF), it was drafted and compiled by Namibian Partnership Solutions in conjunction with the Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW) through a rapid mapping exercise. Special thanks goes to everybody who has collaborated on the development of this product: Ministry of Health and Social Services, Ministry of Education, Arts and Culture (MOEAC), Ministry of Sports, Youth and National Service (MSYNS), Lifeline/Childline Namibia, University of Namibia and the various organizations and agencies who provided their input into this directorate.

This product aims to assist Namibia service providers with knowledge of the various mental health and psychosocial support services around Namibia.

While product came out of a *rapid* mapping exercise at the local, regional and national levels, limitations do exist. Most notably, those listed here have not been thoroughly evaluated for functioning and quality, nor are they capable and ready to offer specialized services catering to the vast emergent needs of COVID-19. Those who provided and compiled the information are not liable for outcomes from engagement. Section 2 highlights the various limitations in detail and offers some recommendations for consideration. Nevertheless, this compilation of service providers offer a solid baseline of existing available support services that can assist to improve linkages and effective collaborations between organizations, ministries and agencies (OMAs) to effectively identify and early intervene around provision of collective stronger social welfare work force in Namibia during times of COVID-19.

It coincides with a master list in an excel spreadsheet form that can further developed and updated.

***Updates and feedback on quality and information about any existing or unlisted services should be reported and forwarded to [info@nps.org.na](mailto:info@nps.org.na).***



## FOREWORD

**C**COVID-19 has brought new challenges front and center to Namibia. The various emergent and highly complex medical issues often trigger new or compound existing mental health and psychosocial issues. The challenges are diverse, vast and intense for those infected or affected by the virus, such as mandated isolation, worsening depression, anxiety, stigma and discrimination. They also directly contribute to increased rates of risk of violence, abuse and suicide. Namibia is further challenged by efforts working in isolation from one another, resulting in those at greatest risk and need not able to

access the existing support services they need for a multitude of reasons: proximity to, awareness of, trust issues with, competing priorities of both individuals in need and service providers, normalization of risk circumstances and lack of effective linkage to and engagement with services.

At the same time, these new COVID-19 realities serve as excellent opportunities to bring the existing gaps to the surface, while requiring service providers and support systems to explore how to effectively serve those at risk of and/or affected by COVID-19. This applies to all cadres of line ministries, organisations and agencies working who can be instrumental in the strengthening the collective support services. Also to play an instrumental role are the community level supports (e.g. churches and community level lay counselors) that exist and can support the other formalized existing structures and services.

Namibia's vision 2030 and its laws and policies (such as the Child Care and Protection Act, No.3 of 2015, the National Agenda for Children, Namibia's Harambee Prosperity Plan and National Development Plan of Namibia) provide solid road maps to serve the wellbeing of Namibians. However, the actual implementation of them still remains short. To achieve it, it requires meaningful and highly strategic support and service provision across existing sectors, including community leaders, government ministries and civil society. There is no time more important than now with what we are facing with COVID-19 to pull together to put these visions and plans into practice.

While the challenges will remain significant in the days to come, this directory is aimed to be the first of many steps needed to identify and map any existing services who can assist with this harmonization and service delivery enhancement with ensuring Namibians are able to access and effectively engage with getting their mental health and psychosocial needs addressed in Namibia. It is well recognized that while even those listed here may not adequately be able to meet the varied and respective needs, they can, however, play an equally vital role around identification, supportive linkage and follow up those in need.

Let us unite as a nation during COVID-19 and lay the foundation for Namibia to exemplify how we can serve and have an equitable, inclusive and just Namibia to promote health, prosperity and wellness for all of Namibians.

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## ACRONYMS

AGYW	Adolescent girls and young women
ALHIV	Adolescents living with HIV
ARVs	Anti-retroviral medicines
CAA	Catholic AIDS Action
CCPA	Child Care and Protection Act, No. 3, 2015
CHW	Community Health Workers
COVID-19	Coronavirus
DAPP	Development Aid People to People
DREAMS	Determined, Resilient, Empowered, AIDS-Free, Mentored and Safe
ECD	Early Childhood Development
GBV	Gender based violence
GBVPU	Gender Based Violence Protection Units
HEWs	Health Extension Workers
HIV	Human Immunodeficiency Virus
HPCNA	Health Professions Councils of Namibia
LGBTQI+	Lesbian, gay, bisexual, transgender, queer, intersex and plus other
LLCL	Lifeline/Childline
LHIV	Living with HIV
MGEPEWS	Ministry of Gender Equality, Poverty Eradication and Social Welfare
MHPSS	Mental Health and Psycho-Social Support
MOEAC	Ministry of Education, Arts and Culture
MHSS	Ministry of Health and Social Services
MHAISS	Ministry of Home Affairs, Immigration, Safety and Security
MSYNS	Ministry of Sports, Youth and National Service
NPS	Namibian Partnership Solutions
OMAs	Organizations, Ministries and Agencies
PEI	Prevention and early intervention
PSEA	Prevention of Sexual Exploitation and Abuse
PSS	Psychosocial Support
SEA	Sexual exploitation and abuse
SRHR	Sexual and reproductive health and rights
TB	Tuberculosis
TIP	Trafficking in Persons
OVC	Orphans and vulnerable children
OYO	Ombetja Yehinga Organisation (Youth Organisation)
VAC	Violence Against Children
VAEN	Violence, abuse, exploitation and neglect
UNICEF	United Nations Children's Fund

<sup>1</sup> Formally called **Health Extension Worker** (HEW)

<sup>2</sup> Now called **Community Health Worker** (CHW)

<sup>3</sup> On 21st of March 2020 the Government merged the Ministry of Gender Equality and Child Welfare (MGEWCW) and Ministry of Poverty Eradication and Social Welfare (MPESW) into Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWS)

## TERMINOLOGY

Terminology	Explanations
<b>Psychosocial</b>	<p>highlights the interconnectedness between psychological and social aspects, recognizing that they are mutually influential to one another.</p> <p><i>For example, those living in severe poverty are often situationally isolated from services and thus experience higher levels of stress and poor health outcomes. At the same time, their living under high levels of stress and experiencing poor health often keep them from getting the services they need.</i></p>
<b>Mental health and psychosocial support (MHPSS)</b>	is defined to include any type of local or outside support, aiming to protect or promote psychosocial wellbeing, resilience and/or prevent or treat any mental health disorder. <sup>1</sup>
<b>Professionals</b>	have a college education (minimum bachelor's degree), often practicing with a recognized licensing to provide formal professional services. In MHPSS cases, these would be licensed clinical social workers, psychologists and psychiatrists
<b>Paraprofessionals</b>	In most cases, have a baseline level of education (e.g. graduation from secondary school and/or 10 <sup>th</sup> grade) or training (e.g. formalized training). They often serve in formal positions and in most cases work under the supervision of a professional. Their role is often supportive and collaborative with professionals, where anyone with higher level of needs are referred out. These are often community health workers and service providers
<b>Lay counsellors services</b>	<p>are often representatives from the communities they often serve. They are often trained community members who often offer psychosocial support services and baseline counseling. They are often referred to by differing versions of the following:</p> <p>Names to represent those they serve: community, peer or lay; and by their roles: mentors, supporters, counselors, or volunteers</p>
<b>Service Providers</b>	any person or body of persons approved to provide assistance to survivors of domestic violence, and includes the police, community policing forums, faith-based organisations, government and non-governmental institutions, voluntary or charitable organisations.
<b>Violence against Children</b>	All forms of physical or mental <b>violence</b> , injury and abuse, neglect or negligent treatment, maltreatment or exploitation including sexual abuse, while in the care of parent(s), legal guardian(s) or any other person who has the care of the child (Article 19 of the Convention on the Rights of the Child)

(Footnotes)

<sup>1</sup> IASC Reference Group for Mental Health and Psychosocial Support in Emergency Settings. (2012). Who is Where, When, doing What (4Ws) in Mental Health and Psychosocial Support: Manual with Activity Codes (field test-version). Geneva.

## 1. Background

Namibia has the second highest income disparity in the world with 26.9% of its people living under poverty and 15.8% under severe poverty, unable to meet their basic living needs. The poorest of the poor face the greatest inequalities, social exclusion and vulnerabilities, with less access to quality water, sanitation and health/support services. They are often having multiple compounding factors contributing to their not accessing available services. As there is a strong psychosocial nexus between risk and vulnerabilities, many face violence, exploitation and abuse at higher rates and need protection measures. If unsupported and unaddressed, physical, social and psychological outcomes remain poor. Therefore, prevention and early intervention (PEI) services are essential, and highlighted in the Child Care and Protection Act, 3 of 2015 (CCPA) in order to:

Restore, strengthen and mobilizing supports and systems to promote wellbeing by:

- Mitigating risks and preventing harm.
- Strengthening resilience to recover from adversity.
- Improving care conditions to promote and enable individuals to survive and thrive.

These above aspects need to be addressed at all levels of care: individual, dyad, peer group, family and community. Most importantly in order to do so, there need to be strong and robust systems of care. One reality is that the vast need is Namibia beyond the capabilities of existing system. The social work capacity is not adequate, primarily due to an approximate ratio of 1 social worker 11,000 Namibians. Their capacity is further stretched due to social workers having competing priorities, high caseload, high turnover rates and vacant positions. As Namibia's Fifth National Development Plan calls for collaborative approaches across all offices, ministries, agencies, civil societies, academia, private sector and media, the Child Care and Protection Act mandates the need for integrated approaches, sharing of resources and harmonized service provision to ensure inclusive, integrated efforts to maximize efforts while addressing the disparity gaps. However, in reality systems in Namibia are often not aware of and/or continue to work in isolation from one another. Furthermore, while many existing services and address those living with vulnerabilities, many are not reaching those living in circumstances with the **greatest** risk factors and vulnerabilities. The CCPA's **equity approach** continue to change the dialogue to ensure that existing services are going the extra needed mile to ensure inclusion and effective engagement of those most isolated from services, as with mental health and psychosocial support (MHPSS) services, which are critical to prevent and early intervene to mitigate the stressors and negative impacts of exposure to risks and vulnerabilities.

During times of crises and emergencies, risk factors and vulnerabilities escalate, often further alienating those in greatest needs from services. They more so require protection and a robust response to stressors and situations to support/improve people's mental health and psychosocial wellbeing.

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<sup>5</sup> United Nations Children's Fund. Operational guidelines on community based mental health and psychosocial support in humanitarian settings: Three-tiered support for children and families (field test version). New York, UNICEF, 2018.



## 1.1 ONSET OF GLOBAL CORONA VIRUS (COVID-19) OUTBREAK

*With the onset of Corona (COVID-19) virus in March 2020*, Namibia entered uncharted territories in a number of ways. While the risks and vulnerabilities were increased, resulting in worsening mental health and psychosocial issues, including depression, anxiety, violence, abuse, exploitation and suicide. The access to services simultaneously became increasingly challenged due to decreased mobility realities. The systems were and continued to be tested with gaps are coming to the service. These include:

- COVID-19 increases risk factors around staying at home dynamics, financial stressors (access to food, water and income). Taking the equality approach, the Government provided emergency living subsidies for anyone who lost income and access to emergency food packages for those identified in need. However, in many cases these safety nets did not reach many of those, needing them the most, due to poor awareness about qualifications, lack of documents and/or not having reliable phones. With increased stressors, especially for those living in overcrowded and high-risk homes, the risk of exploitation and abuse increases. Moreover those living with greatest vulnerabilities often have complex and compounding issues and needs.
- COVID-19 has brought on additional accessibility to services challenges, including mobility and implementation restrictions, worsening the ability of those at highest risk to **not** connect to the available services. The access to key safety nets, such as schools, churches and other services were likewise cut off, as they were directed to close and remain home ceasing activities in order to in order to avoid gatherings and spread of the virus.
- Many cases are not reported to services. In many communities, there is poor understanding about the avenues of reporting. Some express the felt realities that even with reporting, the ability of follow up is insufficient. In most cases, the vast unmet community need is beyond the ability of social welfare systems with many not accessing the support systems they need. Additional barriers are:
  - Those living in remote areas lacking access to existing services to there being a psychological 'push and pull' with wanting and getting the services they need.
  - Many living in a sexual exploitative environment may have legitimate fear and safety concerns. Poorly planned interventions may put them at greater risk of exploitation, abuse, including death.
- In regard to stakeholders, the stay at home orders complicated work circumstances. Many struggled to balance their personal and work life, having limited access to internet and needing to do homeschooling for their children. Many were deemed non-essential workers, and as times were unprecedented, initially directives were lacking, making it more complicated to work effectively. Much of the programming came to a standstill, contributing to massive stressors on systems to meet their targets, especially around supporting those living with the greatest vulnerabilities.

- With the establishment of COVID-19 task forces, including psychosocial support task force, many responders are not aware of existing support systems. At the same time, existing services have different levels of knowledge, skill sets, functionality and capacity.
- The organizations, ministries and agencies (OMAs) still working in isolation from another, hindering collective efforts, resulting in duplication of and/or vast gaps in service delivery. This also contributes to increased stress for first responders calling for harmonized systems and resource sharing across OMAs to ensure reaching beyond their borders, including others at greatest risks and vulnerabilities.
- COVID-19 emerged as a crisis and stakeholders were not trained on how to respond.
- With COVID-19 the increase of domestic violence and abuse, places of safety still remain a challenge as some regions do not have places of safety and others face lack of financial and/or human resources.

## 1.2 DEVELOPMENT OF A DIRECTORY OF MHPSS

Working in isolation hinders efforts, while strengthening the coordination and collaboration allows for complementary approaches. As a part of collective system enhancement a *rapid mapping* was done to identify and assess available MHPSS services provided by organisations, professional, paraprofessionals and lay counselors throughout Namibia.

The aim of this rapid mapping exercise is to strengthen prevention and response services in Namibia during COVID-19 to effectively meet vast compounding needs and demands. The creation of a directory of supportive mental health and psychosocial services (MHPSS) will assist service providers to create stronger collective, networking social welfare workforce throughout Namibia. The workforce aims to include any existing available:

- Professionals (such as licensed private and public social workers and psychologists)
- Paraprofessionals (such as community health workers and service providers); and
- Lay counsellors services (such as trained community volunteers)

Additional gateway players and other emergency support and protection services are equally vital. These include:

- Service providers who may encounter individuals in need of MHPSS support (e.g. leads for food bank and/or meal provisions);
- Police and gender based violence protection units
- Shelters and places of safety
- Support groups

- Treatment and rehabilitation services
- Networking bodies, such as forums and task forces – able to assist with fast tracking direct linkage and collaborations

This mapping is the first step in laying a foundation for enhanced strategic planning and harmonized efforts and service provision. Moreover, they can assist with expedited awareness raising and messaging, increased identification and early interventions along with promoting effective engagements through supportive linkage, engagement and follow up.

The rapid mapping methodology was multifold:

- To work at the national level of Ministry of Health and Social Services (MHSS) to identify any existing and active registered welfare organizations;
- To collate information on any existing registered professional or paraprofessional registered with the Health Professions Councils of Namibia (HPCNA);
- To work at national/head office leads of offices, ministries and agencies (OMAs) to identify their service provision and contacts throughout Namibia;
- To work at the local / regional levels to gather information about what OMAs exist on the ground. This also includes identification of any existing trained lay/peer counselors who may not be formally registered or tracked and may be underutilized and/or assist with system strengthening.

Two primary outcomes of there efforts are:

1. Creation of **a master excel spreadsheet** of all/any service delivery programmes and contacts, which can be shared and updated over time;
2. This **draft national/regional service directory** to be shared and used by both community and service providers.

*Both aimed to include the following information: any existing individual counselors/counseling services, their gender, affiliated organizations, per constituency/region as detailed as possible, mandate and assessment of their level of expertise and availability.*

## 2. LIMITATIONS AND CHALLENGES OF MHPSS RAPID MAPPING

Despite significant efforts done throughout the rapid mapping exercise, many challenges were experienced and/or noted in systems:

- The list on welfare organizations provided by MHSS was out-dated, as any registered organizations are not deregistered. While the information may exist in the formal files, the provided information did not include service areas, mandates or targets. The given contact information was often out-dated due to leadership turnover.
- The Health Professions Councils of Namibia's response was also limited. They noted that they were not allowed to provide any contact or service provision information due to confidentiality. The provision of practitioner's name and licensing alone would not provide much insight.
- Neither MHSS nor the Health Professions Council track paraprofessionals nor lay counsellors, thus gathering their information was dependent on direct OMA direct contact at the national, regional and local levels.
- Working off any previous lists also had its challenges, as information was often extremely limited and out-dated due to high turnover rates, changing contact information and/or fragility of systems.
- Service providers often work in isolation from one another limiting capacities for comprehensive mapping and case management. This coincided with there being poor overall awareness/knowledge of available local service providers, especially lay counsellors, as many previous programmes collapsed and are no longer functional.
- Some stakeholders reflected that existing services do not go 'deep' and reach those living with the greatest vulnerabilities. Rather efforts are often more 'check box approaches,' working with those who present to and are motivated to receive services. However, the reality is that often those living with the greatest vulnerabilities and need the services, often do not access nor effectively connect to them due to varying and often highly complex and compounding issues.
- Along this line, standard referrals are often not enough. Many psychosocial barriers exist to assist with effective linkage and engagement and require a level of assessment to ensure that the client(s) have the understanding and ability to link to and engage with service providers. It is often the case, that supportive, creative measures are needed to ensure effective linkage.

- The quality, skillset and functionality of the various services is not standardized nor clear. While some community lay counsellors may have had formal extensive training, some others may have received minimal. At the same time, one can have highly skilled community counsellors in a low functioning organization, while having counsellors with low skill sets limiting their ability even in a well-functioning organization. Both scenarios present challenges around effective engagement. It should therefore be noted, that ***while their contact information and services exist in this directory, the skill set and support capabilities are varying, may be limited and not known.***
- MGEPESW is supposed to have emergency shelters within each region. However, they are not yet fully operational. While most regions have designated spaces and furniture for them, they do not have designated staff to administer and manage them.
- The lack of resources such as airtime for lay counsellors to work effectively and report cases.

### 3. RECOMMENDATIONS

- Additional follow up mapping to thoroughly assess for quality, functionality, targets and capacities to inform strategic networking possibilities to broaden reach to effectively reach most marginalized from service providers.
- Exploration and use of academic institutions. This connection can be three fold:
  1. **Identification and recruitment of recent graduates:** MHSS together with University of Namibia (UNAM) identified their recent social work graduates not permanently employed. The expansion of this to seek out graduates of recent years and/or other disciplines (e.g. psychology) can be explored.
  2. **Use of current university students in professional disciplines:** While students in the field of MHPSS have limited scope of practice and require close supervision, they often can be very instrumental in expansion of quality resources. This can be done as part of their practical experience with small-scale community projects and/or internships and can be very instrumental in gathering research level data. For example, since the start of COVID-19, UNAM's social work students have been doing some outreach programming to the two refugee centers serving the homeless populations in Windhoek. This also can be built upon within University of Namibia's Social Work and Psychology Programmes. Not only can this model assist with resource/information strengthening, it also sharpens the practical skill sets for the soon to be graduates.
  3. **Use of other paraprofessional academic programming:** University of Namibia's and IUM's HIV Care and Management Programmes, both requiring a number of basic courses in counselling. As the programmes have varying components / information around psychosocial challenges, barriers to care and effective HIV counselling for individuals and those affected, the skill set can easily be nurtured to cater to COVID-19 realities. As lay counsellors are not registered in Namibia, reaching out to these institutions to gather the list of their graduates should be explored. However, to maximize outcomes, lay/community and paraprofessional level counsellors will require sensitization, capacity building and supervision.
- Creating a formal registry of paraprofessionals with associated standards will assist with maximizing their use and offering opportunities to include them in broader programming. With some programming collapsing, there may be existing and capable trained lay individuals, who may be at home and underutilized.
- Along with increased awareness, smooth and supportive referral pathways between MHPSS service providers need to be created/strengthened to assist with effective linkages, especially for those most marginalized from services. This requires creating supportive and meaningful connections with social workers and the various existing paraprofessionals and community lay counsellors to effectively identify and fill the existing gaps to strengthen collective MHPSS services in Namibia.

- Capacity building needs to be considered when scouting for and inclusion of pre-existing counselors and services working within the communities. This also includes the faith based organizations and churches. All need to be sensitized into aspects around COVID and the recent laws (e.g. Child Care and Protection Act and Trafficking in Persons) and their associated approaches (client-centered care), referral pathways and aspects of COVID-19 to maximize their efforts and collective impacts.
- Incorporate untapped leadership structures within communities to assist further with community and system MHPSS strengthening (e.g. community leaders and junior counsellors). Moreover, there is a need for inclusion and representation of different populations when scouting for pre-existing community members with skill sets (e.g. people living with disabilities or HIV).
- Feasible and sustainable plans need to be devised by MGEPEWSW to manage the emergency shelters in each region: either government led and/or with collaborating OMA partners. Creative measures should be explored to ensure low cost/trusted management (e.g. managed by a local support group with lobbied support via cost sharing, business community, or income generating projects).
- Further it should be noted, that during emergency times, first responders need psychosocial support. This aspect is two-fold:
  1. MHPSS services will be needed for those in the field, who are working exhausting hours and overwhelmed with the encountered cases and may experience secondary trauma;
  2. Those offering MHPSS also need to have ample opportunities for debriefing and self-care.

## 4. NATIONAL AND MULTI-REGIONAL MHPSS CONTACTS

Emergencies require expedited linkage to support. In many instances, the *first available point of contact* may not be the person who can adequately meet their respective needs. Nevertheless – their accessibility and interim support can provide the vital and often lifesaving roles, while they assist with the necessary supportive referrals. This section is divided into three parts: 1) frontline government responders with their national contacts and most relevant service descriptions; 2) emergent and supportive telephone hotlines available; and 3) emergency shelter support and 4) An A to Z list of national and multi-regional MHPSS providers.

### 4.1 FRONTLINE GOVERNMENT RESPONDERS

In most cases, front line emergency services are governmental institutions: Gender-Based Violence Protection Units (GBVPU), Police Stations, Hospitals/Clinics, and MHSS or MGEPEWS Social Worker Offices. Ministry of Sports, Youth and National Service (MSYNS) and Ministry of Education, Arts and Culture (MOEAC) also serve as front line services that can serve as vital points of emergency contacts and can offer interim support while working to engage with more additional services as needed.

Their varied institutions, most related to psychosocial services are noted below:

FREE AVAILABLE EMERGENCY SERVICES	
Contact Details	National/Multi-Regional Level Services
<p><b>Ministry of Education, Arts and Culture</b>  <b>Head Office/Windhoek</b>                      Ms. Ayesha Wentworth, Deputy Director / Clinical Psychologist                      Tel.: 06-293 3278; ayeshawentworth@yahoo.com</p> <p>Ms. Christel Menette, Chief Education Officer / Clinical Psychologist                      Tel: 061-226 979; mmabonolo1@yahoo.co.uk</p> <p>Ms. Carike Viljeon, Chief Education Officer / Psychological Counselor / Ed Psych in training                      Tel. 061-226 979; carikemans@gmail.com</p> <p>Ms. Yvonne Tjerivango, Senior Education Officer / Psychological Counselor                      Tel: 061-226 980; ytjeri@gmail.com</p>	<p>MOEAC mandated to ensure that all children regardless of their social-economic status, race, age, and affiliation have access to school and quality education. This includes making supportive provision during and after learner pregnancy.</p> <p>MOEAC assists with health related issues affecting attendance and school learning via regional School Health Task forces. The schools have school counsellors at the circuit level and teacher counsellors (life skills teachers) available for PSS.</p>



**FREE AVAILABLE EMERGENCY SERVICES**

<b>Contact Details</b>	<b>National/Multi-Regional Level Services</b>
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWS)</b></p> <p><b>Directorate leads for Child Welfare</b></p> <p>Ms. Helena Andjamba, Director</p> <p>Tel. 061-283-3167; handjamba@mgecw.gov.na</p> <p>Ms. Rahimisa Kamuingona, Control Social Worker <i>(Adoptions, Oshikoto, Kavango East / West)</i></p> <p>Tel: 081 1434797;</p> <p>Email: Rahimisa.Kamuingona@mgecw.gov.na</p> <p>Ms. Amelia Musukubili, Control Social Worker</p> <p><i>(Residential Child Care Facilities, children living on the street, child marriage and Karas &amp; Otjozondjupa regions)</i></p> <p>Tel: 081 2808407;</p> <p>Email: Amelia.musukubili@mgecw.gov.na</p> <p>Ms. Brigitte Nshimiyimana, Control Social Worker</p> <p><i>(Monitoring and evaluation, GBV, trafficking in persons, shelters and Erongo, Zambezi &amp; Omaheke regions)</i></p> <p>Tel: 061- 2833151 or 081 2374468</p> <p>Email: Brigitte.Nshimiyimana@mgecw.gov.na</p> <p>Ms. Connie Manghono, Control Social Worker</p> <p><i>(Khomas and Hardap regions)</i></p> <p>Tel: 081 2430744</p> <p>Email: Connie.Manghono@mgecw.gov.na</p> <p>Ms. Beverly Mukulu, Control Social Worker</p> <p><i>(Kunene and Omusati regions)</i></p> <p>Tel. 065-251141; 081 2310145</p> <p>Email: BeverlyMukulu@gmail.com</p> <p>Ms. Rosida Prosida, Control Social Worker</p> <p><i>(Oshana and Oshana Regions)</i></p> <p>Tel: 081 2328671; rprosida@gmail.com</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

**FREE AVAILABLE EMERGENCY SERVICES**

<b>Contact Details</b>	<b>National/Multi-Regional Level Services</b>
<p><b>Ministry of Health and Social Services</b> Mental health hospital, local clinics and hospitals throughout Namibia</p> <p><b>Social Work Department – Central Hospital</b> Tel. 061-2033499</p> <p><b>Mental health Department, Central Hospital</b> Tel. 061-2033321</p>	<p>Any local clinics and hospitals offer free counseling, psychiatric and rehabilitation services by qualified professionals.</p> <p>For any MHPSS specialized support for adults, including gender based violence, addiction, suicide and other health related issues (e.g. HIV)</p>
<p><b>Ministry of Sports, Youth &amp; National Services</b> P/Bag 13391, Windhoek NIDA Building, 11 Goethe Street, Windhoek</p> <p>The Executive Director Office: 061-2706528 Email: Ed. Secretary@msyns.gov.na</p> <p>The Director: Youth Development Directorate Ministry of Sport, Youth and National Service Office: 061-2706501 Email: DYD.Secretary@msyns.gov.na</p> <p>Ms. Hilya Imene Senior Youth Officer / Child Justice Tel.061-2706535 Email: Hilya.Imene@msyns.gov.na</p>	<p>Provides support programmes taking into account different socio-economic and cultural factors to help meet the physical, mental, emotional, social, spiritual, educational, and health needs of children and youth (ages 16-35). These include creating socio-economic opportunities to improve living conditions and future prospects. Also runs the following programmes to assist with MHPSS:</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives: empowerment and advocacy opportunities around of rights with provision of/linkage to psychosocial support services as needed.</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and support services.</li> <li>• Rural Youth Development: ensures inclusivity of rural youth in developmental &amp; empowerment projects, activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Safety and Security (MHASS)</b> <b>Population Services (IDs, Birth, Death &amp; Certificates)</b> Tel. 061-282-2093; 061-240461; 061-240782</p> <p><b>Immigration Services</b> E. Negumbo, Tel. 061-282-2093</p> <p><b>Safety and Security</b> Unit Commander GBVPU – Windhoek Tel. 061-2095226 Chief Inspector - GBVPU Unit Coordinator Tel. 061-2095374 Commissioner - Child Justice (Offenders –Incarcerated) Tel. 061-2094111; 061-2093202</p>	<p>All children should have some form of identification to prove citizenship to register at school, receive benefits and/or healthcare at clinics/hospitals. It is also vital to register deaths with getting a death certificate. The Namibian Police (NamPol) via the Gender Based Violence Protection Units (GBVPU) protects adults and children from all forms of violence, abuse and neglect. They handle such cases with counselling, medical examination, criminal investigation and legal advice. They also handle child offender cases, keeping them separate from adult prisoners and engage their families as needed.</p>

## 4.2 NATIONAL TELEPHONE SUPPORT FOR IMMEDIATE/EMERGENCY SUPPORT

However, as many may not be ready or able to go in person, telephone hotlines are essential first responders, where they can offer free and available confidential support services, while they explore level of safety and appropriate referrals as needed. They are available to anyone regardless of location. The below list represents these free and available hotlines/call centers to get access to immediate / emergency support.

## 4.3 EMERGENCY SHELTER SUPPORT

The Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW) are still in the process of establishing emergency shelters. They are not formally operational due to renovation needs and/or lack of staff to manage them. However, on a case-by-case basis, special circumstances make still make them available through the regional MGEPEWSW social workers. Many in emergency shelters will be assessed and transferred to longer term residential facilities (*listed in section 6*).



FREE AVAILABLE EMERGENCY SHELTERS	
Contact Details	National/Multi-Regional Level Services
<b>KHOMAS / Windhoek</b>	
<p><b>Afterschool Center</b>, Grysblock            Managed by MGEPEWSW            Tel. 061-212962            Director: Maggy Katimba            Tel. 081 2135662; <a href="mailto:maggykatimba@yahoo.com">maggykatimba@yahoo.com</a>            Social Worker: Lena Nakushen            Tel 081 2863037; <a href="mailto:Nakushen@gmail.com">Nakushen@gmail.com</a></p>	<p>Shelter for children in need of short-term safety and protection. Social workers &amp; childcare officers assess and support children while exploring family dynamics and creation of safety engagement plans. Afterschool psychosocial support programming onsite.</p>
<p><b>Friendly Haven (WO 122)</b>  <b>Ecumenical Social Diaconate Action</b>            Manager: Ms. Le Brock            Pelican Square, Hochland Park, Windhoek            Cell: 081 1243010; Email: <a href="mailto:ESDA@iway.na">ESDA@iway.na</a></p>	<p>Shelter for women and children for protection and psychosocial support, navigation of systems and advocacy as needed.</p>
<b>MGEPEWSW Shelters for GBV, VAC and TIP</b>	
<b>(not operational - limitations due to needed renovations and/or lack of staff)</b>	
<b>Khomas</b> Mr. Ben Kaverua, Senior Social Worker, Tel. 081 2417901; 081 4786574	
<b>//Karas (Keetmanshoop)</b> Ms. Mercy Forbes, Senior Social Worker, Tel. 081 2808407	
<b>Kunene (Opuwo and Khorixas)</b> Ms. Joy Namundjebo, Senior Social Worker, Tel. 081 1682002	
<b>Omusati (Outapi)</b> Ms. K. Kapata, Chief Social Worker, Tel. 081 2447310	
<b>Ohangwena (Ehnana)</b> Ms. A. Valombola, Senior Social Worker, Tel. 081 6363248 Ms. E. Nhinda, Senior Social Worker, Tel. 081 2452620	

<p><b>Kavango East (Rundu) – renovations still needed</b>  Ms. B. Simbaranda, Senior Social Worker, Tel. 081 4855404  Ms. Joyce Simataa, Senior Social Worker, Tel. 081 2280245</p>
<p><b>Kavango West (Nkurenkuru) – renovations still needed</b>  Mr. Ruth Luthuhezi, Senior Social Worker, Tel. 081 1515888</p>
<p><b>Zambezi (Katima Mulilo) – renovations still needed</b>  Mr. Dennis Matomola, Senior Social Worker, Tel. 081 6119760</p>
<p><b>Hardap (Mariental) – renovations still needed</b>  Ms. S. Muhinda, Senior Social Worker, Tel. 081 3388269</p>

#### 4.4 NATIONAL OR MULTI-REGIONAL LEVELS A TO Z LIST OF MHPSS SERVICE PROVIDERS

The following list comprises MHPSS providers, working at the national or multi-regional levels, offering broader amount of services (e.g. mobile teams and/or satellite centers). The one/two region specific services are not listed here, but rather will be found as part of MHPSS contacts in their respective regions (*section 5*). The list is in **alphabetical order and services are known to be free unless otherwise noted as private/fee for service**. They also include those who can serve as **initial points of linkage contacts** for those within the regions, offering initial support and linkage to MHPSS services as need be.

Free National / Multi-Regional Services	
Contact Details	National/Multi-Regional Level Services
<p><b>Catholic AIDS Action (CAA)</b></p> <p>Director: Mr. Lorenze Hembapu  12 Adler Street, Windhoek West, Windhoek  P.O. Box 11525, Windhoek  Tel. 061-276350  Email: info@caa.org.na  Website: http://caa.org.na</p> <p>Ms. Queen Naiyma, internship/voluntary services, queen@caa.org.na</p> <p>Ms. Lorenz Hembapu, Technical support for programming, lorenz@caa.org.na</p>	<p>While originally serving the challenges the AIDS pandemic, their services go well beyond:</p> <ul style="list-style-type: none"> <li>• Home-based family care and counselling,</li> <li>• HIV and AIDS education and prevention</li> <li>• Care and support to destitute orphans and vulnerable children through soup kitchen and after school program activities</li> <li>• Voluntary HIV testing and counseling services (through door-to-door and community outreaches)</li> <li>• Linkages of beneficiaries to clinical, social and psychological care and support services through synergies with the other stakeholders and partners</li> </ul>

<p><b>Development Aid People to People (DAPP)</b>          Director: Kirsten Moeler  <b>Windhoek</b> - Tel. 061-258220          P.O. Box 26660, Windhoek  <b>Oshakati</b> - Tel. 065-251179          P.O. Box 488, Oshakati          Email: kmhg@humana.org</p>	<p>While the aim is to gain total control of HIV epidemic through assisting infected and affected people, their outreach workers are often skilled in counseling and effectively navigating challenges.</p> <p><b>Regions:</b> Kavango East and West, Ohangwena, Omusati, Oshana, Khomas and Zambezi</p>
<p><b>Forum for African Women Educationalists in Namibia (FAWENA)</b>          Govt Office Park, 1st Floor, Room 110, Luther Str, Windhoek          PO Box 13186, Windhoek          Tel: 061-2933143          Email: fawena@mec.gov.na</p>	<p>Education, Early childhood development program, Income generating activities for schools &amp; communities, Trauma, Rape &amp; Sexual Abuse seminars for teachers, Influence policies and Plans on girls access to education, HIV/AIDS programs, Youth Mentoring &amp; Leadership programs w/ Psychosocial support services.</p>
<p><b>Free National / Multi-Regional Services</b></p>	
<p><b>Contact Details</b></p>	<p><b>National/Multi-Regional Level Services</b></p>
<p><b>KAYEC</b>          Corner Of City and Kampala Street, Wanaheda Katutura, Windhoek          Mr. Joe Mundukuta – 081 2407533          Ms Isanee Ketjivandje - whk.kyd@kayec.org</p>	<p>Afterschool programme with psychosocial support services</p> <p><b>Regions:</b> Oshana, Khomas, Otjozondjupa and Kavango East</p>
<p><b>LifeLine/ChildLine Namibia Headquarters and Counseling Center</b>          Director: Nicolette Bessinger          45 Bismarck St, Windhoek          Tel. 061-226889; Info@lifeline.org.na  <a href="http://www.lifelinechildline.org.na">http://www.lifelinechildline.org.na</a>  <i>Call the listed toll free hotlines (below) or dial 061-555422 or 0811400222 to talk to a counselor 7 days per week 08:00-18:00</i></p>	<p><b>Professional and lay counseling services</b> by phone and onsite at their head office/counseling center led by psychologist and social workers.</p> <p><b>Lay counseling services</b> at satellite locations throughout in <b>Khomas, Omaheke, Hardap, Otjozondjupa, //Kharas, Ohangwena</b>, often directly connected to government social workers.</p> <p><b>Targets/Mandates:</b> Providing psychosocial services to children, families and communities</p>
<p><b>GBV Helpline</b>          106 (no code)</p> 	<p><b>Child Helpline</b>          116 (no code)</p> 
<p><b>Counseling types:</b> Telephone Counselling, Face-to-Face Counselling, Schools and Community Outreach</p> <p><b>Training/skills:</b> Basic Counselling Skills, Trauma Counselling, and Crisis Intervention</p> <p><b>COVID-19 commitments:</b> SGBV projects specifically aimed at Woman and Girls; Advocacy and Awareness Raising through Uitani ChildLine Radio; Generic Counselling focusing on issues related to COVID-19</p>	

<p><b>Namibia Planned Parenthood Association (NAPPA)</b></p> <p>Director: Shihepo  P.O. Box 10936, Windhoek  7 Best Street, Windhoek West  Tel. 061-230250  Email: info@nappa.com.na  Mr. Restore Mushonga - 081 2825032  PO Box 98141, Pelican Square, Windhoek  General Tel: 081 3058139; info@nps.org.na</p>	<p>Strengthens knowledge and skills aimed at promoting reproductive health and service providers are often skilled in effective counseling</p> <p>For youth/community friendly health services and linkage to PSS services</p> <p><b>Regions:</b> Khomas, Kavango East, Erongo, Zambezi, Ohangwena and Kunene</p> <p><b>Counseling types:</b> Basic Counselling face to face and information sessions.</p>
<b>Free National / Multi-Regional Services</b>	
<b>Contact Details</b>	<b>National/Multi-Regional Level Services</b>
<p><b>Namibian Partnership Solutions</b></p> <p>General Tel: 081 3058139; <a href="mailto:info@nps.org.na">info@nps.org.na</a></p> <p>Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>)  081 5876866; <a href="mailto:HRoss@nps.org.na">HRoss@nps.org.na</a></p> <p>Ms. Melissa Morar, Director (<i>reusable pads / masks design, production &amp; quality control</i>)  081 2696283; <a href="mailto:MMorar@nps.org.na">MMorar@nps.org.na</a></p> <p>Ms. Theresa Farrell, Director (<i>reusable pads training &amp; community empowerment</i>)  081 2865448; <a href="mailto:TFarrell@nps.org.na">TFarrell@nps.org.na</a></p> <p>Mr. Engelbertus Dladla Byl, Community and program lead – 081 6043960</p> <p>Ms. Ashley Joseph, social worker (Kunene, Khomas and Zambezi) - 081 3604430</p> <p>Ms. Zelnaida Engelbrecht, social worker – Hardap, //Kharas - 081 4708688</p> <p>Ms. Ebikure Epeh, social worker – Omaheke and Kavango East and West - Tel. 081 2291208</p>	<p><b>In region support:</b> Omaheke, Hardap, Khomas</p> <p><b>Remote/mobile support to:</b> Kavango East, Kavango West, Zambezi, Karas and Kunene</p> <p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors supervised by social workers</p> <p>Design, manufacture and train others to make reusable pads and masks coinciding with educational components.</p>
<p><b>Project HOPE Namibia</b></p> <p>Country Director: Rosalia Indongo  P.O. Box 23079 Windhoek  Tel. 061-377850  Ms. Beauty Kwenda, Nurse/ HIV health lead  <b>bkwenda@projecthope.org</b>  Ms. Bernadette Harases, DREAMS lead  <b>bharases@projecthope.org</b></p> <p><b>Regions:</b> Ohangwena, Oshikoto, Zambezi and Khomas</p>	<ul style="list-style-type: none"> <li>• For HIV support and care with linkage to PSS support</li> <li>• DREAMS - Safe spaces for HIV and GBV prevention and economic strengthening to AGYW (ages 10 to 24)</li> <li>• Short Term Emergency Cash support to DREAMS OVC beneficiaries (N\$250 for AGYW and N\$250 for caregiver, not exceeding 3 months)</li> <li>• Stationery and school uniform is provided for OVC beneficiaries in need</li> <li>• Short and long-term PSS (by social workers) to survivors of violence</li> </ul>

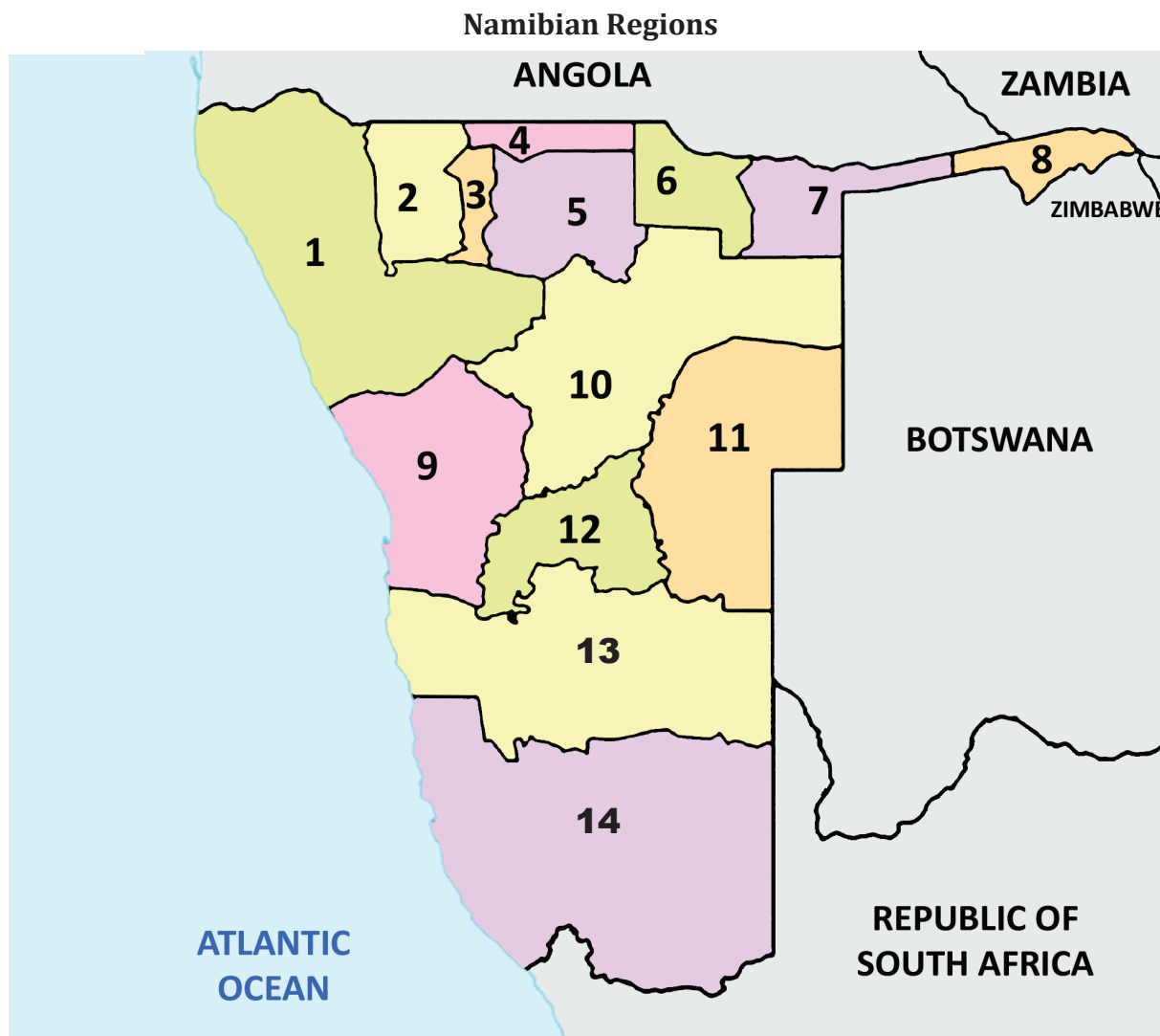
<p><b>Ombetja Yehinga Organisation (OYO)</b></p> <p>Director: Philippe Talavera</p> <p>4 Babies Street, Suiderhof, Windhoek</p> <p>Tel. 081 4203015</p> <p>Email: talavera_aol@africaonline.com.na</p>	<p>A youth friendly psychosocial support counseling line since the start of COVID-19 managed by one trained youth facilitator</p> <p>Awareness and support around HIV, GBV and other PSS issues affecting Namibia.</p>
<p><b>Free National / Multi-Regional Services</b></p>	
<p><b>Contact Details</b></p>	<p><b>National/Multi-Regional Level Services</b></p>
<p><b>Out-Right Namibia</b></p> <p>Director: Agapitus Hausiku</p> <p>32 Lister Street, Windhoek-West</p> <p>Tel. 061-237329</p> <p>Email: director@outrightnamibia.org.na</p> <p><b>Regions:</b> Khomas, Karas, Erongo, Oshana, Otjozondjupa, Omaheke</p>	<p>A human rights organisation working in the areas of human rights, and public health to support LGBTIQ+ persons, their families and their allies to receive non-discriminatory services and to live safely in their local communities.</p> <p><b>Targets/Mandates:</b> LGBTIQ+ persons, their families and their allies</p> <p><b>Counseling types:</b> Psychosocial support that include face-to-face and telephonic counselling, mental health, support group counselling, family therapy counselling. Pre-post HIV testing services and interpersonal communication on PEP, PrEP, ART of which we refer clients for services after the session to our service provider such as NAPPA, MHSS clinics/hospitals</p> <p><b>Training/skills:</b> Responsive Health Care Services for Diverse Sexual Orientations and Gender Identities. Responsive Safety and Security for Diverse Sexual Orientations and Gender Identities. LGBTIQ+ Human Rights</p> <p><b>COVID-19 commitments:</b> Mitigate social and psychological impact of COVID-19 on the LGBTIQ+ community through on-going counselling services and information sharing to our community, promoting wellness.</p>
<p><b>Philippe Trust Namibia</b></p> <p>Director: Marianne Sawyers</p> <p>Philippi Centre, Erf 7693, c/o Ara Street, Opposite Channel 7 Radio, Dorado Park, Windhoek</p> <p>Tel. 061-259055; 065-259291</p> <p>Email: director@philippi.com.na counselling@philippi.com.na</p> <p><b>Regions:</b> Khomas, Hardap, Otjozondjupa, Oshana &amp; Erongo</p>	<p><b>Targets/Mandates:</b> General public, including faith-based, civil society, youth and children.</p> <p><b>Counseling types:</b> face-to-face, couples counselling, family counselling and group counselling, online through zoom etc.</p> <p><b>Training/skills:</b> Listening &amp; Responding; Fundamentals of Counselling, National Certificate in Counselling Services, National Diploma in Counselling Services including Counselling GBV Survivors, Perpetrators, Counselling Children, Counselling Groups, maintain and enhance professional practice as counsellor supervisor.</p> <p><b>COVID-19 commitments:</b> Equip church clergy by training psychosocial knowledge and skills and enable them to provide necessary support to congregants. Provide online psychosocial support to affected individuals and families.</p> <p><b>Professional counseling for kids and adults</b></p> <p><b>\$100 per session suggested not mandated</b></p>

Free National / Multi-Regional Services	
Contact Details	National/Multi-Regional Level Services
<p><b>Positive Vibes Trust</b></p> <p>Director: Salen Kambinda</p> <p>P.O. Box 25396, Windhoek West</p> <p>Tel. +264 61 245556</p> <p>Email: salen@positivevibes.org</p> <p><b>Regions:</b> Kavango East, Kavango West, Ohangwena, Oshana, Khomas</p>	<p><b>Targets/Mandates:</b> AGYW, key populations, leaders, gatekeepers and parliamentarians.</p> <p><b>Counselling type:</b> Interpersonal Communication sessions, Advocacy, Research,</p> <p><b>Training/skills:</b> Human Rights skills, SRHR content and concepts delivery for AGYW and Key populations programs</p>
<p><b>Red Cross Namibia</b></p> <p>Director: Bernadette Bock</p> <p>P.O. Box 10936, Windhoek</p> <p>Behind Stop n Shop Plaza, Katutura, Windhoek</p> <p>Tel. 061-230250; 061-413750</p> <p>Email: Enquiries@redcross.org.na</p>	<p>For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level</p> <p><b>Regions:</b> Khomas, Kunene, Otjozondjupa, Kavango East, Kavango West, Ohangwena, Omusati, Oshikoto and Zambezi</p>
<p><b>Regain Trust</b></p> <p>Director: James Itana</p> <p>Tel. 0817033203; 0817253511</p> <p>Email: Hsw@regain-trust.org</p>	<p>Offers free counseling services and referrals to victims, survivors and anyone affected by Gender Based Violence 08:00-15:00</p> <p><b>Regions:</b> Khomas, Erongo and Omusati</p>
<p><b>Society of Family Health (SFH)</b></p> <p>Country Director: Ms Taimi Amaambo</p> <p>9 Viljoen St, Windhoek West</p> <p>Tel. 081 242 4679; Email: info@sfh.org.na</p> <p>Mr. Philemon Haindongo, Human Coordinator - Tel. 061-440600</p>	<p><b>Service Description:</b> Providing and Promoting Public health services through empowering communities with health promotion interventions aimed at reducing health disparities and improving health outcomes</p>
<p><b>Tonata People Living with HIV Network</b></p> <p>Director: Victoria Bam</p> <p>4417 Lommel Street, Ongwediva</p> <p>Tel. 065-231979</p> <p>Email: info@tonata.org</p> <p><b>Regions:</b> Kunene, Ohangwena, Otjozondjupa, Khomas, Kavango East and Kavango West</p>	<p>Tonata PLHIV Network responds to a 'felt need' for continued networking and meaningful engagement of People living with HIV (PLHIV) in activities that concern and improve the lives of PLHIV. Tonata PLHIV network has a wide experience in providing psychosocial support to the support group members, also in delivering structured health session to the group members as well as provision of limited adherence counseling and referral.</p> <p><b>Targets/Mandates:</b> People living with and affected by HIV/AIDS</p> <p><b>Counseling types:</b> pre-post HIV test counseling, adherence counseling and support groups</p> <p><b>Training/skills:</b> Community level counseling</p>



Free National / Multi-Regional Services	
Contact Details	National/Multi-Regional Level Services
<p><b>Trauma Healing Network</b></p> <p>Director: Dr. Botha Schalk</p> <p>428 Independence Ave, Windhoek</p> <p>Tel. 083 3337778</p> <p>Managers and psychological counselors</p> <p>Fatima Mwange</p> <p>Email: colourme2@thnnam.org.na</p> <p>Tabitha Hiiko</p> <p>Email: colourme1@thnnam.org.na</p>	<p><b>Regions:</b> Khomas, Kunene, Erongo, Kavango E., // Kharas, Otjozondjupa, Zambezi &amp; Omaheke</p> <p><b>Service Description:</b> in regions – community level basic counseling and psychosocial supports run by trained professional and community volunteers (individuals &amp; groups). In Windhoek – professional level counseling, workshops and trainings on trauma and PSS.</p>

## 5. REGIONAL MHPSS CONTACTS CONTACT AND SERVICE SHEETS



- |                 |                  |
|-----------------|------------------|
| 1. Kunene       | 8. Zambezi       |
| 2. Omusati      | 9. Erongo        |
| 3. Oshana       | 10. Otjozondjupa |
| 4. Oshana       | 11. Omaheke      |
| 5. Oshikoto     | 12. Khomas       |
| 6. Kavango West | 13. Hardap       |
| 7. Kavango East | 14. //Kharas     |

Namibian Total Area: 825,615 km<sup>2</sup>  
 Total population: 2,113,077  
 Population Density: 2.559/km<sup>2</sup>

Republic of Namibia (above) and its 14 regional maps (following sections) were found at:  
[https://en.wikipedia.org/wiki/Regions\\_of\\_Namibia](https://en.wikipedia.org/wiki/Regions_of_Namibia).  
 Associated land size, total population and density data, sourced by 2011 Census, as cited by:  
<https://www.citypopulation.de/en/namibia/cities/>

## 5.1 KUNENE MHPSS CONTACT SHEET

**Capital:** Opuwo  
**Total Area:** 115,260 km<sup>2</sup>  
**Total Population:** 86,856  
**Population Density:** 0.75/km<sup>2</sup>

**Governor:** Hon. Marius Sheya  
 Private Bag 502, Opuwo  
 Tel: +264-65-273600  
 Email: governor@kuneneog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<b>Child Care and Protection Forums</b>	Ms. Joy Namundjebo Tel. 081 1682002
<b>School Health Task Force</b>	Ms. Aune Iiyambula Tel. 081 3597359
<b>Regional AIDS Coordinating Committees (RACOCS)</b>	Ms. Friegberta Ndhinshilo Tel. 0812017595
<b>COVID-19 Task Force (wellness program coordinator)</b>	Mr. Modestus Senalye Tel. 0811695687
<b>Development Committees</b>	Mr. Natanael Amadhila Tel. 081 11457320
<b>Gender Based Violence Forum</b>	Mr. Valdah Nguushi Tel. 081 2728190
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p>Ms. Beverley Mukulu, Control Social Worker 065-251141; 081 2310145</p> <p>Mr. Immanuel Nafele- Director of Planning and Development Tel. 081 1272768</p> <p>Mrs. Emilia Alweendo, Act. Chief Regional Officer – 065-273993</p> <p>Mr. Dasius Simon, Rehabilitation officer - disability - 081 4165407</p> <p>Mr. Silas Halwoodi, disability support lead – 081 678857</p> <p>Mr. Daniel Kaveta, disability support lead – 081 2807673</p> <p>Mr. Steve Vasco Tjivele, poverty/food bank lead - 065-273852</p> <p><b>Khorixas - Simson Tjongarer Street - 067-331364</b></p> <p>Ms. Rita Shikwambi, Administrative Officer – 081 8676580</p> <p>Mr. Ambrosius Mutitu, Assistant Community Liaison Officer Tel. 081 7576721</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Kamanjab - Erf 36, Hifikepunye Pohamba St. - 067-330289</b></p> <p>Ms. Jacobine Nawases, Assistant Community Liaison Officer Tel. 081 7100181</p> <p><b>Opuwo - Mbumbajazo Muharukua Av/Nampost St - 065-273086</b></p> <p>Ms. Joy Namundjebo, Senior Social Worker – 081 1682002 Mr. Phellimon Josua, Chief Community Liaison Officer 081 1440022 Mr. Ngunaihe Ueutjerevi, Community Liaison Officer - 081 2388873 Ms. Ndesihafela Nikodemus, Comm. Liaison Officer - 081 6650131 Mr. Kavari Nelson, Senior Administrative Officer (grants) Tel. 081 2929278</p> <p>Ms. Luwewe Leena, Assistant Community Liaison Officer Tel. 081 2371028</p> <p><b>Opuwo - Gender Based Violence Protection Unit (GBVPU)</b></p> <p>Address: Lex Sheehama Street - 065-273086</p> <p>Mr. Simatta Ndimu, Social Worker – 081 6239569</p> <p><b>Outjo- Sam Nuyoma Drive-Justice Building - 067-312067</b></p> <p>Ms. Dorothea Katumbe, Social Worker – 081 2011226 Ms. Roseline Hoases, Administrative Officer – 081 3448519 Ms. Josephine Namases, Community Liaison Officer – 081 6208419</p> <p><b>Epupa, Okanguati</b></p> <p>Mr. Japhet Shiwedha, Administrative officer – 081 2121449 Ms. Martha Aangula, Assistant Community Liaison Officer Tel. 081 4102049</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b>Opuwo - 065-272888</b></p> <p>Ms. Elina Munkawa, Chief Social Worker – 081 2563743 Ms. Macelina Matengu, Senior Social Worker – 081 2129027 Ms. Euginia Sakaria, social worker – 081 6864285</p> <p><b>Regional Coordinator for Community Health Workers:</b></p> <p>Mr. Jason Ndahepele - 081 2199324</p> <p><b>Regional lead in charge of HIV support/teen clubs:</b></p> <p>Ms. Lomana Shinigwa - 081 2857477</p> <p><b>Khorixas District – 067-335100</b></p> <p>Ms. Irene Mareen Hoes, social worker – 081 2913083 Ms. Masiye Siyumbwa, social worker - 081 4161184</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>

<p><b>Outjo – 1 Otavi Street – 067-313370</b></p> <p>Ms. Helena Mbeeli, social worker – 081 4204329</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender Based Violence Protection Unit (GBVPU)</b></p> <p><b>Kunene – 065-273148</b></p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture</b></p> <p>Ms. Angeline Jantze, Director of Kunene Education - 067-335001</p> <p>Ms. Aini Hoab, regional head for school counselors - 067-335000; 081 6346638; Email: a.nuugwanga@gmail.com</p> <p><b>Opuwo</b> - Teachers Resource Centre – 065-273204</p> <p><b>Ruacana</b> - Teachers Resource Centre – 065-272127</p>	<p>For education issues and linkage to life skill teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Opuwo Multi-Purpose Youth Resource Center / Regional Office</b></p> <p>Ms. M. Kakongo, Youth Officer – 065-273195</p> <p><b>Khorixas Multi-Purpose Youth Resource Center</b> - 067-331392</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development initiatives</li> </ul>
<b>Community Based Services</b>	
<p><b>AFRIYAN Namibia – Kunene</b></p> <p>Ms. Memory Saller, Chairperson – 081 2017177</p>	<p>An empowered African Youth Network and coordinate national youth networks and to give impetus for advocacy, resource mobilization to improve youth quality of life – PSS linkage</p>
<p><b>Catholic Aids Action (CAA) – 061-276350 / 081 1299532</b></p>	<p>For HIV and orphan vulnerable children community PSS support</p>
<p><b>Namibia Planned Parenthood Association (NAPPA)</b></p> <p>Mr. Risto Mushongo 061-230250</p>	<p>For youth/community friendly health services and linkage to PSS services</p>
<p><b>Namibian Partnership Solutions</b></p> <p>General Tel: 081 3058139; info@nps.org.na</p> <p>Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na</p> <p>Mr. Engelbertus Dladla Byl – Tel. 0816043960</p> <p>Ms. Ashley Joseph, social worker - Tel. 081 3604430</p>	<p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors supervised by social workers</p>

<p><b>Ombetja Yehinga Organization (OYO)</b> Mr. Mbarandongo – 081 7143549</p>	<p>A youth friendly psychosocial support counseling line since the start of COVID-19 managed by one trained youth facilitator</p> <p>Awareness and support around HIV, GBV and other PSS issues</p>
<p><b>Otjikaoko Traditional Authority – 065273107</b></p>	<p>For linkage to community headman and PSS community services</p>
<p><b>Red Cross Namibia – 067-331277</b> <b>Opuwo:</b> 065-273135 Mr. Ndundu – 081 2086013 Mr. Rakutua Kavari – 081 6513140 <b>Khorixas:</b> 067-331277</p>	<p>For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level</p>
<p><b>Tonata People Living with HIV Network</b> Mr. Nemsu – 0813657662 (Sesfontein based, but serves Kunene)</p>	<p>Working to strengthen PSS support related to HIV</p>

## 5.2 OSHANA MHPSS SERVICE CONTACT SHEET

**Capital:** Oshakati  
**Total Area:** 8,647 km<sup>2</sup>  
**Total Population:** 176,674  
**Population Density:** 20/km<sup>2</sup>

**Governor:** Hon. Ella Kaulifewangalo Irimari  
 Private Bag 5543, Oshakati  
 Tel: +264-65-226180



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<b>Child Care and Protection Forums</b> (not active)	Ms. Linda Ipinge – 081 3078001
<b>School Health Task Force</b>	Ms. Liisa Nanguti-Shilongo 081 2923577
<b>Regional AIDS Coordinating Committees (RACOCS)</b>	Mr. Pieta Iita, 081 2558574 Oshana Regional Council
<b>COVID-19 Task Force</b>	CEO, Mr Josua Hipangwa 065-293220 Ms. Lina Udjombala 081 1287323
<b>Constituency Development Committees - coordinated by Oshana Development Coordinating Committee</b>	Mr. Jaconia Nangolo 081 1285919
<b>Gender Based Violence Forum</b>	Ms. Anna - 081 2442277
Government Services Contact Details	Description of services
<b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b>  <b>Ongwediva Regional Office / Women's Centre</b> Opposite Ongwediva Town Council 065-231320 Ms. Linda Ipinge, Senior Social Worker – 081 3078001 Ms. Laimi Endjala, Senior Social Worker – 081 2947396 Ms. Loide Shaningwa, social worker – 081 2874057 Ms. Iyaloo Dawid, Ompundja/Oshakati West social worker Tel. 081 2399516 Ms. Selma Kakili, Okatana social worker – 081 3325165 Mr. Pundensiana Newaka –065-231320; 0812328671 Mr. Jason Nujoma, Administrative Officer- 081 255577 (grants) <b>Ondangwa</b> – 065-241278 Ms. Luucina Alpheus, social worker 081 8501444	For social welfare support and grant application for children <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b><i>Oshakati – Gender Based Violence Protection Unit (GBVPU)</i></b></p> <p>Ms. Josephine Handele, social worker – 081 3670793</p> <p><i>Regional Early education support leads:</i></p> <p>Ms Bertha Muyimba and Ms Eisko Hausiku, community liaison officers - 065-231520</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b><i>Oshana</i></b></p> <p>Ms. Lina Udjombala, Chief Social Worker – 081 1287323</p> <p><b><i>Oshakati District</i></b></p> <p>Ms. Hilia Nandoyo, Chief Social Worker – 081 2563080</p> <p>Ms. Ndamononghenda Nalungu, Social Worker – 081 7439194</p> <p>Mr. Johannes Isak, Senior Social Worker – 081 3205624</p> <p>Ms. Frieda Kalima, Social Worker – 081 4746098</p> <p><b><i>Oshakati Hospital</i></b></p> <p>Ms. Tabita Kalunduka, Chief Social Worker</p> <p>Tel. 065-2233306; 081 2771161</p> <p>Ms. Anna-Lisa Shikongo, Social Worker</p> <p>Tel. 065-2233386; 081 584281</p> <p>Ms. Evelina Uahengo, Senior Social Worker – 081 2919489</p> <p>Ms. Elly Amalenge, Social Worker – 081 4081969</p> <p>Ms. Apia Simeon, Social Worker - 081 6775050</p> <p>Regional Coordinator for Community Health Workers</p> <p>Mr. Veino Angula - 081 2492988</p> <p>Regional Coordinator in charge of HIV support/teen clubs</p> <p>Ms. Martha Mpathi</p> <p><b><i>Ondangwa Health Center</i></b></p> <p>Menesia Shikongo, Social Worker – 081 3117350</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>



<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBVPU) - Oshakati</b> - 065-2236027</p> <p>Ms. Kaino Shimmi, Chief Inspector - 065-2236056 or 2236057; Ms. Monika Lutangu, social worker - 065-2236027</p> <p><b>Ondangwa Police Station</b> – 065-241278</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture (MOEAC)</b></p> <p>Ms. Helena Perestrelo, Senior Education Officer – 065-230057; 081 129 0006; 081 040000; ndeyatilap@gmail.com</p> <p>Ms. Hilma Shapaka, Regional School Counsellor Tel: 065-230057; 081 3535935; Email: hnshapaka@gmail.com</p> <p>Ms. Ester Sakaria, Chief Education Officer Tel: 065-230057; 081 1295009; Email: sakariae@yahoo.com</p> <p>Mr. Martin Shifotoka, Senior Education Officer Tel. 065-230057; 081 6996379; Email: mshifotoka4@gmail.com</p> <p>Ms. Tjirero, Regional school counselor Tel. 081 1290006; 081 0480000</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Oshakati Multi-Purpose Youth Resource Center</b> - 065-220354</p> <p>Address: Corner Immanuel Shifidi and Sam Nujoma Road</p> <p>Ms. Albertina. Shatona, Youth Officer – Tel. 081 287261</p> <p><b>Ondangwa Youth Office:</b> 065-240255</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion of rural youth in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Mr. Augustinus – 081 1422139</p>	<p>For registration (<i>civil registration and vital statistics such as birth registration, Identification Documents, death certificates, etc</i>)</p>
<b>Community Based Services</b>	
<p><b>Catholic Aids Action (CAA) – Ondangwa</b> – 065-264 977</p> <p>Ms. Helena Munghono, Regional Coordinator - 081 283 7175</p>	<p>For HIV and orphan vulnerable children community PSS support</p>
<p><b>Development Aid People to People (DAPP) – Ondangwa</b> - 065-263072; 081 6105217</p> <p>Ms. Ester Katoma; Ms. Selma Shilumbu and Mr. Josef Benjamin</p>	<p>While the aim of DAPP is to gain total control of HIV epidemic through assisting infected and affected people, their outreach workers are often skilled in counseling and effectively navigating challenges.</p>

<p><b>KAYEC – Ondangwa</b> - Rossing foundation Building, Ondangwa Main Rd</p> <p>Mr. Joe Mundukuta – 081 2407533</p>	For skills training and afterschool PSS support
<p><b>Lifeline / Childline Namibia- Ondangwa</b></p> <p>Ms. Selma Mpinge, Coordinator – 065-264983</p>	MHPSS direct and indirect support
<p><b>Philippe Trust Namibia</b></p> <p>Tel. 061-259055; 065-259291</p> <p>Email: counselling@philippi.com.na</p>	<p><b>Counseling types:</b> individuals, couples, family and group.</p> <p>Face-to-face or online via zoom</p> <p><b>Training/skills:</b> Counselling Services certificate, Diploma in Counselling Services including Counselling GBV Survivors, Perpetrators, Counselling Children, Counselling Groups, counsellor supervisor.</p> <p><b>COVID-19 commitments:</b> Provide online PSS to affected individuals and families.</p>
<p><b>Positive Vibes Trust</b></p> <p>Mr. Oscar Shiweva – Programme Manager</p> <p>Tel. 065-231373 / 081 1484375; Email: oscar@positivevibes.org</p>	<p><b>Targets/Mandates:</b> AGYW, key populations, leaders, gatekeepers and parliamentarians.</p> <p><b>Counselling type:</b> Interpersonal Communication sessions, Advocacy &amp; Research</p> <p><b>Training/skills:</b> Human Rights, SRHR content and concepts delivery for AGYW and Key populations programs</p>
<p><b>Project HOPE – Ondangwa</b></p> <p>Ms. Saara Eliphias, Community Nurse - 081 2490914</p> <p>Ms. Angelina Nuuyoma, Economic Strengthening Officer - 081 1411153</p>	<p>For savings and income generating projects and linkage to PSS support</p> <p>For HIV care with linkage to PSS support</p>
<p><b>Red Cross Namibia</b></p> <p>Tel. 065-251539; 081 12482078</p>	For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level
<p><b>Society For Family Health (SFH)</b></p> <p>Mr. Philemon Haindongo, Coordinator</p> <p>Address: Temporarily opposite NamWater</p> <p>Tel. 061-440600; 081 2424679</p> <p>Email: info@sfh.org.na</p>	Providing and Promoting Public health services through empowering communities with health promotion interventions aimed at reducing health disparities and improving health outcomes in Namibia
<p><b>Tonata People Living with HIV Network</b></p> <p>4417 Lommel Street, Ongwediva - 065-231979</p> <p>Ms. Victoria Bam, Director – 081 8554222</p> <p>Ms. Bertha Namweya – 081 2834220</p> <p>Ms. Anita Isaacks – 081 3482966</p>	PSS support related to HIV, support/adherence groups for people living with HIV and those affected.
<p><b>University of Namibia</b></p> <p>Ms. Inna Asino, Social Worker – 081 2523512</p> <p>Ms. Geane Shipena – 081 1474122</p>	For MHPSS support as needed

### 5.3 OMUSATI MHPSS SERVICE MHPSS CONTACT SHEET

**Capital:** Outapi  
**Total Area:** 26,551 km<sup>2</sup>  
**Total Population:** 243,166  
**Population Density:** 9.2/km<sup>2</sup>

**Governor:** Hon. Erginus Endjala  
 Private Bag 523, Outapi, Tel: +264-65-251019  
 Email: governor@omusatiog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums	Ms. Beverley Mukulu 081 2310145
School Health Task Force	Ms. Aune Iiyambula - 081 3597359
Regional AIDS Coordinating Committees (RACOCS)	Ms. Friegberta Ndhinoshiho 081 2017595
COVID-19 Task Force	Mr. Modestus Senalye 081 1695687
Development Committees	Mr. Natanael Amadhila 081 11457320
Gender Based Violence Forum	Mr. Valde Nghuushi - 081 2728190
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><b>Outapi Regional Office</b> - Namaungu Street - 065-251141</p> <p>Ms. Beverley Mukulu, Control Social Worker – 081 2310145                      Ms. Kakinda Kapata, Chief Social Worker – 081 2447310                      Ms. Maria Hailonga, social worker – 081 8797694</p> <p><b>Outapi - Gender Based Violence Protection Unit (GBVPU)</b></p> <p>Address: Tobias Hainyeko Street - 065-251046</p> <p>Ms. Johanna Kashea, social worker – 081 3929230</p> <p><b>Oshikuku</b> - Sam Nuuyoma Road - 065-254701</p> <p>Ms. Megameno Aiyambo, social worker – 081 3289045</p> <p><b>Ruacana</b> – President Rd Street, Oshifo - 065-272127</p> <p>Ms. Elizabeth Shilumbu, social worker – 081 2911503</p> <p><b>Okalongo</b> - U-Save Building- Onandjaba</p> <p>Ms. M. Kenandjo Uutoni, social worker – 081 7098838</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Elim</b> – New Location</p> <p>Mr. Immanuel Koliwoye, social worker – 081 1558045</p> <p><b>Okahao</b> – Shiyagaya Building, Jafet Mungundi St - 065-252002</p> <p>Ms. Adelheid Hamunyela, social worker – 081 4032937</p> <p><b>Tsandi</b> – Hospital Street - 065-258123</p> <p>Ms. Maria P. Kamati, social worker – 081 3519211</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b>Outapi Regional Office</b> - 065-251022</p> <p>Ms. Scholastika Shatiwa, Chief Social Worker – 081 2381336</p> <p>Ms. Leena Sheyapo, Senior Social Worker – 081 2265133</p> <p>Ms. Elizabeth Shilyomuntu, social worker – 081 36012317</p> <p>Ms. Kornelius Lidwina, Special programme coordinator/ Community Health Workers - 081 2744250</p> <p>Ms. David Aina, HIV support/Teen Clubs Coordinator</p> <p>Tel. 081 2886397</p> <p><b>Okahao</b> - 065-252030</p> <p>Ms. Emma Shagamas, social worker – 081 1470626</p> <p><b>Tsandi</b> - 066-258141</p> <p>Ms. Ndamona Andreas, social worker – 081 2112418</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBVPU)</b></p> <p>Tel. 065-251439; 065-251853</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture</b> - 065-256529</p> <p>Ms. Aune Iiyambula, School Counselor – 065-251700; 081 3597359; Email: iiyambulaaune@gmail.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Outapi Multi-Purpose Youth Resource Center / Youth Development Regional Office</b> - 065-251076</p> <p>Mr. Festus Kiyala, Youth Officer – 081 2125831</p> <p><b>Okahao Youth Skills Training Center</b> - 065-252045</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion of rural youth in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b> - 065-251017</p> <p>Mr. Festus – 081 3004415</p>	<p>For registration (civil registration, birth/death certificates, Identification Documents, etc)</p>

Community Based Services	
<p><b>Development Aid People to People (DAPP)</b></p> <p>Director: Kirsten Moeler</p> <p><b>Oshakati</b> - Tel. 065-251179</p> <p>P.O. Box 488, Oshakati</p> <p>Email: kmhg@humana.org</p>	<p>To gain total control of HIV epidemic through assisting PLHIV and affected people with PSS counseling and effectively navigating challenges.</p>
<p><b>Red Cross Namibia</b></p> <p>Tel. 065-251539; 081 12482078</p>	<p>For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level</p>
<p><b>Regain Trust</b></p> <p>Ms. Tulimengameno Shiiga, Social Worker</p> <p>Tel. 081 5584004</p> <p>Email: osw@regain-trust.org</p>	<p>Offers free counseling services and referrals to victims, survivors and anyone affected by Gender Based Violence 08:00-15:00</p>
<p><b>Tonata People Living with HIV Network</b></p> <p><b>Oshikuku</b> - Ms. Naemi Hawanga – 0812092324</p> <p><b>Okalongo</b> - Mr. Jeremia Shetunyenga – 0812938028</p>	<p>Working to strengthen PSS support related to HIV</p>

## 5.4 OHANGWENA MHPSS SERVICE CONTACT SHEET

**Capital:** Eenhana

**Total Area:** 10,706 km<sup>2</sup>

**Total Population:** 245,466

**Population Density:** 23/km<sup>2</sup>

**Governor:** Hon. Walde Ndevashiya

Church Street, Eenhana; Tel: 065-264305



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<b>Child Care and Protection Forums</b>	Ms. Rosida Pelema 081 2328671
<b>School Health Task Force</b>	Mr. Launda Mike 081 2072782/081124
<b>Regional AIDS Coordinating Committees (RACOCS)</b>	Mr. Lasarus Hakwe 081 3903040
<b>COVID-19 Task Force</b>	Mr. John Hango 0811277872
<b>Development Committees</b>	Ms. Julia Kakwambi 081 261 0947
<b>Gender Based Violence Forum</b>	Mr. Sadrag Nghinyekwa 081 2551689
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWS)</b></p> <p><i>Eenhana Regional Office</i> - NHE house 778, Mandume Ndemufayo St, Tel. 065-263718</p> <p>Ms. Rosida Pelema, Control Social Worker – 081 2328671</p> <p>Mr. Kelola Lasarus, Senior Community Liaison Officer 081 2121447</p> <p>Ms. Elika Nhinda, Social Worker – 081 2452620; 081 6044482</p> <p>Ms. Victoria Ashiyana, Social Worker – 081 4423090</p> <p>Ms. Aune Valombola, Social Worker – 081 6363248</p> <p>Ms. Martha Nangolo, Chief Admin. Officer (grants) - 065-263047</p> <p>Ms. Ndeitavela Haimbodi, poverty/food bank lead – 081 286 3748</p> <p>Mr. Efraim Kaushiningwa, poverty/community liaison officer Tel. 081 286 7200</p> <p>Mr. Herman Angula, Chief ECD Liaison Officer – 081 6460991</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Epembe</b> - Opposite the councilor’s office Ms. Maria Nambambi, Social Worker – 081 2149290</p> <p><b>Okongo</b> - Next to the police station Ms. Maria Wanailonga, Social Worker – 081 4659313</p> <p><b>Ohangwena complex</b> Ms. Taimi Ailonga, Social Worker – 081 4990098</p> <p><b>Endola</b> – Onha complex Mr. Asser Sheefeni, Social Worker – 081 63633245</p> <p><b>Oshikango</b> - BH complex Ms. Joy Namundjebo, Social Worker - 0812329993</p> <p><b>Ondobe / Oshandi</b> Ms. Fillipine Shilong - Social Worker – 085 3696979</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b>Eenhana Regional Office</b> - 065-263239 Ms. Josephine Kapweya, Chief Social Worker - 081 242 4679</p> <p><b>Engela District</b> - 065-26660415 Ms. Johanna Theofelus, Senior Social Worker - 0812683822 Ms. Naomi Kamodzi, Senior Social Worker - 0814668602 Ms. Tuyenikelao Julius, Social Worker - 0816578329</p> <p><b>Engela District Hospital</b> - 065-22660415 Ms. Linea Kapofi, Social Worker – 081 2348440 Ms. Ndahangwapo, (CDC/HIV support) - 065-226605; 081 7853249</p> <p><b>Eenhana District</b> - 065-263383 Ms. Martha Nuule, Social Worker – 081 4642166 Ms. Petrina Amutenya, Social Worker – 065-263383; 081 6612333</p> <p><b>Okongo District Hospital</b> - 065-288452 Ms. Lydia Amutenya, Social Worker - 065-288452; 081 4730522</p> <p><b>Epembe</b> - Ms. Rachel HIV support – 0815557922</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit - Eenhana</b></p> <p><b>Police Regional Head Quarters</b>- 065-264204; 065-264246 Chief Inspector Josehine Sibolile 081 2575320 Sgt. Lugambo – 081 2144428; 081 2378657</p>	<p>For police support for gender based violence and linkage to PSS supports</p>

<p><b>Ministry of Education, Arts and Culture – 065-290200</b></p> <p>Mr. Jason Haihambo, Chief Education Officer Tel. 081 1277338; Email: jasonhaihambo@yahoo.com</p> <p>Mr. Frans Shivute, Senior Education Officer Tel: 065-290257; 081 2894817; Email: mnatangwe@yahoo.com</p> <p>Mr. Florian S. Tshimweetheleni, Regional School Counsellor Tel: 065-290258; 081 3301468; Email: tflorian9@gmail.com</p> <p>Mike T. Luaanda RACE Coordinator Tel: 065-290251; 081 2072782 Email: mikeluandaanda@gmail.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service -</b> <b><i>Eenhana Multi-Purpose Youth Resource Center/Regional Office</i></b></p> <p>Tel: 065-264350</p> <p>Ms. E. Mokaxwa, Youth Officer – 081 2499332</p> <p><b><i>Okongo Youth Office:</i></b> 065-260194</p> <p><b><i>Ohangwena Youth Office:</i></b> 065-264350</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion of rural youth in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b> <b><i>Eenhana Regional Office</i></b></p> <p>Ms. Ndapanda Nghihepa, Regional Head- 0811608557</p>	<p>For registration (<i>civil registration and vital statistics such as birth registration, identification Documents, death certificates, etc</i>)</p>



Community Based Services	
<b>Catholic Aids Action (CAA)</b> – Regional Coordinator	For HIV and orphan vulnerable children community PSS support
<b>Development Aid People to People (DAPP)</b> Director: Kirsten Moeler <b>Oshakati</b> - Tel. 065-251179 P.O. Box 488, Oshakati Email: kmhg@humana.org	While the aim is to gain total control of HIV epidemic through assisting infected and affected people, their outreach workers are often skilled in counseling and effectively navigating challenges.
<b>Lifeline / Childline Namibia</b> Ms. Susan Mwetulundila - 085 2590559; 081 4864855	MHPSS direct support
<b>Namibia Planned Parenthood Association (NAPPA)</b> Ms. Ndali Nakwafila - 081 4757377	For youth/community friendly health services and linkage to PSS services
<b>Positive Vibes Trust</b> Mr. Oscar Shiweva – Programme Manager Tel. 065-231373 / 081 1484375; Email: oscar@positivevibes.org Mr. Teofelus Josef –Programme Officer Tel. 081 7413175; Email: teo@positivevibes.org	<b>Targets/Mandates:</b> AGYW, key populations, leaders, gate keepers & parliamentarians with advocacy and research <b>Counselling type:</b> Interpersonal Communication sessions <b>Training/skills:</b> Human Rights skills, SRHR content and concepts delivery for AGYW & Key populations programs <b>COVID-19 commitments:</b> COIVD/SRHR sessions with AGYW along with community led monitoring
<b>Project HOPE Namibia</b> <b>Ondangwa</b> Ms. Saara Eliphas, Community Nurse 081 2490914 Ms. Secilia David, Economic Strengthening Officer Tel. 081 1411145 <b>Engela</b> Ms. Alina Haiduwa, Community Nurse – 081 1276728 <b>DREAMS</b> Mr. Simon Mathias, Deputy Chief of Party – 081 469 9879	For HIV support and care with linkage to PSS support For savings and income generating projects and linkage to PSS support DREAMS - For support/safe spaces for adolescent girls and young women and provision of MHPSS
<b>Red Cross Namibia – Eehnana Regional Head</b> Tel. 065-263286; 065-263177 Ms. Maria Magano Uupindi - 081 2453505 Mr. Gabriel Mwaninga – 081 1241789	For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level
<b>Society For Family Health (SFH)</b> Micheal Kampota - 081 4108092	Providing and Promoting Public health services through empowering communities with health promotion interventions aimed at reducing health disparities and improving health outcomes in Namibia
<b>Tonata People Living with HIV Network</b> - 065-260103 Mr. Joseph Shilongo – 0812136892	PSS support related to HIV, support/adherence groups for people living with HIV and those affected.

## 5.5 OSHIKOTO MHPSS SERVICE CONTACT SHEET

**Capital:** Tsumeb  
**Total Area:** 38,685km<sup>2</sup>  
**Total Population:** 181,973  
**Population Density:** 4.7/km<sup>2</sup>

**Governor:** Hon. Penda ya Ndakolo  
governor@oshikotoog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums (MGEPEWSW)	Ms. Anelly Valombola - 0813809124
School Health Task Force (MOEAC)	Mr Valie Ashipala - 0814570111
COVID-19 Task Force	Ms Padelia Ngenokesho - 0813748876, Spathelia.stephen88@gmail.com
Development Committees	Oshikoto Regional Council CEO: Mr Frans Enkali - 081 1228224
Gender Based Violence Forum Coordinator (MGEPEWSW)	Susan.Mwetulundila@lifeline.org.na- 085 2590559
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><b>Omuthiya - Regional Council Office</b></p> <p>Mr Petrus Kuutondokwa, Chief Liaison Officer - 081 1278043</p> <p>Ms. Aletta Bosch, Chief Social Worker – 081 3186716</p> <p>Ms. Frieda Kadhepa, Senior Social Worker – 081 3820158</p> <p>Ms. Aloisius Shivute, Administrative Officer (grant) – 081 2383559</p> <p>Mr. Travis Shuudifonya, ECD support lead – 081 2955262</p> <p><b>Omuntele</b> (based at Omuthiya)</p> <p>Ms. Julia Nekongo, Social Worker – 081 1659555</p> <p>Ms. Selma Ithindi, Administrative Officer (grant) – 081 2283814</p> <p><b>Onayena</b> - Ms. Sylvia Nangolo, Social Worker – 081 2289506</p> <p><b>Tsumeb</b></p> <p>Ms. Anelly Valombola, Social Worker – 081 3809124</p> <p>Ms. Emily Nakwatumba, Administrative Officer (grant)</p> <p>Tel. 081 2525575</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Quinas / Tsintsabis</b> (based at Tsumeb)</p> <p>Ms. Helena David, Social Worker – 081 6103821</p> <p>Ms. Clemencia Snewe, Administrative Officer (grant) – 081 3233318</p> <p><b>Oniipa</b></p> <p>Ms. Josephine Idipo, Social Worker – 081 6128169</p> <p>Ms. Lydia Shipata, Social Worker- 081 262834</p> <p>Ms. Maltide Shilunga, Administrative Officer (grant) – 081 2553121</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b>Omuthiya</b></p> <p>Ms. Ruth Shoombe, Chief Social Worker – 081 2502619</p> <p>Ms. Esther Nefungo, Senior Social Worker/District Hospital Tel. 081 4030440</p> <p>Ms. Heleni Nangombe, Social Worker – 081 2197964</p> <p>Ms. Omagamo Nwatile, Social Worker</p> <p><b>Onandjokwe District Hospital</b></p> <p>Ms. Selma Nantanga, social worker – 081 2839846</p> <p>Ms. Paulina Ilonga, social worker – 081 3300297</p> <p>Ms. Loide Amunyela, Social Worker – 081 2312113</p> <p>Ms. Vicky Willem Social Worker – 081 4179104</p> <p>Ms. Hileni Nangombe Social Worker – 081 219764</p> <p><b>Tsumeb Hospital</b></p> <p>Ms. Helena Kalili, Senior Social Worker – 081 3337349</p> <p>Ms. Ndapewa Abiata, Social Worker</p> <p><b>District coordinator of community health workers:</b></p> <p>Mr. Petrus Hamweni - 081 2707582</p> <p><b>Regional lead in charge of HIV support/teen clubs:</b></p> <p>Ms. Vicky Shaayenge – 081 2785599, assistant nurse</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p> <p>Developed a quarantine unit managed by regional health sector, provided by business sector as quarantine and treatment site for COVID 19 Pandemic</p>

<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBVPU)</b></p> <p><b>Tsumeb</b> – 3<sup>rd</sup> Road – Namibian Police Regional Office (ground floor)</p> <p>Ms. Selma Gaises, Unit Inspector Commander - 067-2235015</p> <p><b>Omuthiya</b></p> <p>Sergeant Julius – 081 3530223</p> <p>Sergeant Hanamus – 081 7216237</p> <p>Sergeant Jacob – 081 3083332</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture (MOEAC)</b></p> <p>Ms. Emilia Mbongo, Chief Education Officer</p> <p>Tel: 065-281919; 081 1287321; 081 2568560;</p> <p>Email: <a href="mailto:enmbongo@yahoo.com">enmbongo@yahoo.com</a></p> <p>Ms. Saima Niinane, Senior Education Officer</p> <p>Tel: 065-281960; 081 2756715; Email: <a href="mailto:sniinane@gmail.com">sniinane@gmail.com</a></p> <p>Mr. Andreas Hango, Senior Education Officer / Regional School Counselor Tel. 065-281910; 081 2881207;</p> <p>Email: <a href="mailto:andrewhangon@gmail.com">andrewhangon@gmail.com</a></p> <p>Ms. Paulina Gabriel, Senior Education Officer</p> <p>Tel. 065-281942; 081 2406483; Email: <a href="mailto:gpaulinat@gmail.com">gpaulinat@gmail.com</a></p>	<p>For education issues and linkage to life skill teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Omuthiya Multi-Purpose Youth Resource Regional Office</b></p> <p>Mr. N. Albanus - 065-244196</p> <p><b>Tsumeb Youth Office:</b> 067-220534</p> <p>Ms. Selly Mundhika, Youth Officer – 081 1289876</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Ms. Laimi Heita – 081 2295732</p>	<p>For registration (<i>civil registration, Identification Documents, death certificates, etc</i>)</p>

Community Based Services	
<p><b>Lifeline / Childline Namibia</b></p> <p>Ms. Susan Mwetulundila Tel. 081 1590559; 081 4864855; 085 2590559</p> <p>Ms. Delaine Sikerete – 081 4317222</p>	MHPSS direct support
<p><b>Namibia Planned Parenthood Association (NAPPA)</b></p> <p>Ms. Albertina Shali – 081 2136860</p>	For youth/community friendly health services and linkage to PSS services
<p><b>Ombili Foundation, Tsintsabis</b></p> <p>Ms. Berth -0813474135</p>	Community based and social empowerment support, including food provision for San people
<p><b>Project HOPE Namibia</b></p> <p><b>Tsumeb</b> - Behind Pick and Pay</p> <p>Ms Rozalina Wanga, DREAMS District Team Lead</p> <p><b>Omuthiya</b></p> <p>Sr. Margaret Gigosos, Team Leader - 081 2922440</p> <p>Ms. Feleppina Namugongo, DREAMS District Team Lead</p> <p>Ms. Martha Henock, DREAMS District Team Lead</p> <p>Ms. Kronelia Alweendo, Community Nurse</p> <p>Tel. 0811621770; 081 2770974</p> <p>Ms. Katuta – DREAMS Social Worker – AGYW clubs – 081 3465424</p>	<ul style="list-style-type: none"> <li>• For HIV support and care with linkage to PSS support</li> <li>• DREAMS - Safe spaces for HIV and GBV prevention and economic strengthening to AGYW (ages 10 - 24)</li> <li>• Short Term Emergency Cash support to DREAMS OVC beneficiaries (N\$250 for AGYW and N\$250 for caregiver, not exceeding 3 months)</li> <li>• Stationery &amp; school uniforms for OVC beneficiaries in need</li> <li>• Short and long-term PSS (by social workers) to survivors of violence</li> </ul>
<p><b>Red Cross Namibia</b></p> <p>Tel: 065-248101; 081 3630449</p> <p><b>Onandjokwe Hospital – 065-240688</b></p> <p>Mr. Sakaria – 081 2453505</p>	For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level
<p><b>Tonata People Living with HIV Network</b></p> <p>Ms. Ingrid Louis – 0817832804</p>	PSS support related to HIV, support/adherence groups for people living with HIV and those affected.

## 5.6 KAVANGO WEST MHPSS SERVICE CONTACT SHEET

**Capital:** Nkurenkuru  
**Total Area:** 23,166 km<sup>2</sup>  
**Total Population:** 86,529  
**Population Density:** 3.735/km<sup>2</sup>

**Governor:** Hon. Sirkka Ausiku  
P. O. Box 6274, Nkurenkuru  
Tel: +264-66-264950  
Email: governor@kavangowestog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<b>Child Care and Protection Forums (MGEPEWSW)</b>	Ms. Brenda Mwiya - 081 2896655
<b>School Health Task Force (MOEAC)</b>	Mr. Risto Shipanga - 0812861778
<b>Regional AIDS Coordinating Committees (RACOCS)</b>	Mr. Shiudifonya Dinineni 066-2483451
<b>COVID-19 Task Force</b>	Dr. Mpasi Katewa, Chief Regional Officer Tel. 066-264875/6
<b>Development Committees</b>	Regional Council Office 066-264875/6
<b>Gender Based Violence Forum</b>	Inspector Ndumba - 081 2733302
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><b>Nkurenkuru Regional Office</b> - NHE Erf no. 154 - 066-258016</p> <p>Ms. Shifotoka Fiina, <i>Regional Liaison Lead</i> - 081 2593073</p> <p>Ms. Brenda Mwiya, Chief Social Worker - 081 2896655</p> <p>Ms. Ruth Lutuhezi, Senior Social Worker – 081 2896655</p> <p>Mr. Markus Nairenge, Senior Social Worker – 081 2881625</p> <p>Ms. Penehafo Mupuma, Social Worker - 081 2051176</p> <p>Mrs. Hembyuka, ECD support Lead - 081 2720069</p> <p>Ms. V. Hartung, Administrative Officer – 081 1775382</p> <p>Mr. Daniel Trum, disability community liaison officer Tel. 081 2266831</p> <p>Mr. Linus Kazana, disability support lead - 081 2202398</p> <p>Ms. Bianca, poverty/ food bank coordinator Tel. 066-264916; 081 3650116</p> <p><b>Mbunza Traditional Authority</b> - Building room Nr 2</p> <p>Mr. Toivo Hausiku – 081 2800080</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b>Based at Rundu Regional Office</b> – 066-265500</p> <p>Mr. Muyakuyi, Coordinator for Community Health Workers, Tel: 081 3138950</p> <p>Mr. William, lead in charge of HIV support/teen clubs Tel: 081 2872282</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBVPU)</b></p> <p><b>Nkurenkuru Police Headquarters</b> - NHE Erf no. 154</p> <p>Tel: 066-258084; 066-264788</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture</b></p> <p>Mr. Rengi, Acting Regional School Councilor - 081 2097741</p> <p>Mr. Josua Vaendwanawa, Senior Education Officer</p> <p>Tel. 066-264976; 081 2551708; 081 302 2229</p> <p>Email: wanelulu@yahoo.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Nkurenkuru Youth Development Regional Office</b></p> <p>Tel: 066-257902</p> <p>Address: opposite from Kahenge police station</p> <p>Ms. A. Kashella, Youth Officer – 081 3048324</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Ms. Frieda, Regional Lead – Tel: 066 264948</p>	<p>For registration (<i>civil registration, birth registration, identification documents, death certificates, etc</i>)</p>
<b>Community Based Services</b>	
<p><b>Catholic Aids Action (CAA)</b> - Catholic Health Center Rundu</p> <p>Mr. Fervantius Kakuru, Regional Coordinator</p> <p>Tel. 081 3382992</p>	<p>For HIV and orphan vulnerable children community PSS support</p>
<p><b>I-Tech Namibia</b></p> <p>Mr. Tapewa, Nurse and Mentor – 081 7893589</p>	<p>HIV support and linkage to PSS supports</p>
<p><b>Forum for African women educationalist in Namibia (FAWENA)</b></p> <p>Ms. Maria M. Eises</p> <p>Chairperson (Kavango East and West)</p> <p>061-2933143</p>	<p>Education, ECD program, income generating activities for schools and communities, Trauma, Rape and Sexual Abuse seminars for teachers, girls access to education, HIV/AIDS programs, youth mentoring and Leadership programs and Psychosocial support services.</p>
<p><b>Namibia Planned Parenthood Association (NAPPA)</b></p> <p>Tel. 061-230250</p>	<p>For youth/community friendly health services and linkage to PSS services</p> <p>Training, advocacy &amp; awareness raising.</p>

<p><b>Namibian Partnership Solutions</b></p> <p>General Tel: 081 3058139; info@nps.org.na</p> <p>Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na</p> <p>Ms. Melissa Morar, Director (<i>reusable pads / masks design, production &amp; quality control</i>) - 081 2696283; MMorar@nps.org.na</p> <p>Ms. Theresa Farrell, Director (<i>reusable pads training &amp; community empowerment</i>) 081 2865448; TFarrell@nps.org.na</p> <p>Mr. Engelbertus Dladla Byl, Community and program lead – 081 6043960</p> <p>Ms. Ebikure Epeh, social worker – 081 2291208</p>	<p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors supervised by social workers</p> <p>Design, manufacture and train others to make reusable pads and masks coinciding with educational components.</p>
<p><b>Positive Vibes Trust</b></p> <p>Mr. Oscar Shiweva, Programme Manager Tel. 065-231373; 081 1484375; Email: oscar@positivevibes.org</p> <p>Mr. Lisias Kashati, Programme Officer Tel. 081 2615774; Email: lisias@positivevibes.org</p>	<p><b>Targets/Mandates:</b> AGYW, key populations, leaders</p> <p><b>Counselling type:</b> Interpersonal Communication sessions</p> <p><b>Training/skills:</b> Human Rights skills, SRHR content and concepts delivery for AGYW &amp; Key populations programs</p>
<p><b>Project HOPE Namibia</b></p> <p>Mr. Stephen Kazibe, Community Nurse – 081 3708139</p> <p>Ms. Eufrasia Hamberera, Economic Strengthening Officer Tel. 081 1401205</p>	<ul style="list-style-type: none"> <li>• For HIV support and care with linkage to PSS support</li> <li>• For savings and income generating projects and linkage to PSS support</li> </ul>
<p><b>Tonata People Living with HIV Network</b></p> <p>Mr. Nomagugu Ndebele – 081 8084747</p>	<p>PSS support related to HIV, support / adherence groups and those affected.</p>



## 5.7 KAVANGO EAST MHPSS SERVICE CONTACT SHEET

**Capital:** Rundu  
**Total Area:** Area: 25,576 km<sup>2</sup>  
**Total Population:** 136,823  
**Population Density:** 5.350/km<sup>2</sup>

**Governor:** Hon. Boniface Wakudumo  
 Tel: +264-66-267243  
 Email: governor@kavangoeastog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums (MGEPEWSW)	Ms. Theresia Oswald 081 3186296
School Health Task Force (MoEAC)	Mr. Adolf Muremi 081 1547775
Regional AIDS Coordinating Committees (RACOCS)	Ms. Leena Haiyambo Manuel 081 7507327
COVID-19 Task Force (MOHSS)	Dr. Abiola - 081 4879870
Development Committees	Regional Council - 066-255036
Gender Based Violence Forum	Ms. Nkoreb Kamunoko 081 2976740
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><i>Kavango Regional Office</i>, Government Office Park, Maria Mwengere Rd, Rundu - 066-255767</p> <p>Ms. Theresia Oswald, Chief Social Worker – 081 3186296</p> <p>Ms. Joyce Simataa, Senior Social Worker – 081 3186296</p> <p>Ms. Miriam Kauma, Social Worker - 081 4039483</p> <p>Ms. Trudy Musheti, Social Worker (<i>Mashare</i>) - 081 3859997</p> <p>Ms. Lahja Nghuukufwa, Social Worker (<i>Kayengona / Rundu Rural</i>) Tel. 066-256230; 081 3750113</p> <p>Ms. Matjayi, Administrative Officer (Grant) – 081 2363091</p> <p>Mrs Suse, ECD support lead – 081 2575326</p> <p>Mr. P. Richard, poverty/food bank lead, 066-255967</p> <p>Mr. Daniel Trum, disability community liaison officer Tel. 081 2266831</p> <p>Mr. Linus Kazana, disability support lead - 081 2202398</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Gender-Based Violence Protection Unit (GBVPU) - 066-255271</b>  Address: Millennium Park/Alfons Mayevero St, Rundu  Ms. Berthilia Simbaranda, Social Worker – 081 4855404  Ms. Masiye Muyalapabbi, Social Worker – 081 7436443  Ms. Tecla Mukaya, Social Worker - 081 6863154</p> <p><b>Rundu Rural East</b> - Ms. Stella Mwazi, Social Worker – 081 7519869</p> <p><b>Ndiyona</b> – opposite of Ndiyona Police Station – 066-258298  Ms. Mwangala Mutau, Social Worker – 081 3465456; 085 3465456</p> <p><b>Ndongalinena</b> Address: at the constituency office  Mr Tjikuzu Augustinus, Social Worker - 066-258803</p> <p><b>Mukwe</b> - Hambukushu Traditional Authority Building – 066-258332</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b>Regional Office – Rundu District Hospital - 066-265500</b>  Ms. A. Kangayi, Chief Social Worker – 081 2914950  Ms. A. Kudumo, Social Worker – 081 1522990  Ms. Aurelia Mukundu, Social Worker – 081 6499117  Mr. Hendrik Egidiuas, Social Worker - 066-265527; 081 3191808  Mr. Silvester Sintango, Coordinator Community Health Workers  Mr. Fransico Ntjamba, student nurse and counselor – 081 8085639  Mr. Silvester Sintango, Coordinator of Community Health Workers  Mr. William Bakari, HIV support/teen clubs leader - 081 2872282</p> <p><b>Andara District Hospital</b>  Mr. Rafael Matengu, Social Worker – 066-259311; 081 3496390</p> <p><b>Nyangana District Hospital</b>  Ms. Semina, Social Worker - 066-252866; 081 3941888</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b>  <b>NAMPOL Gender-Based Violence Protection Unit (GBVPU)</b>  Address: Millennium Park/Alfons Mayevero St, Rundu  Tel. 066-266300; 066-266318</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture (MOEAC)</b>  Mr. Marthinus Hamutenya, Chief Education Officer  Tel: 066-258 911; 081 3043209; 081 1538889;  Email: kudumo16@hotmail.com</p> <p>Ms. Mercy Muyeze Bupilo, Senior Education Officer  Tel. 066-258 9154; 081 2205011; mbupilo@yahoo.com</p> <p>Ms. Fiina Rebecca Nathing, Senior Education Officer  Tel. 066-2589067; 081 1288683; 081 3761086  Email: fiinanathing@yahoo.com</p> <p>Mr. Sigberth Mbote, Senior Education Officer  Tel. 066-2589111; 081 3796160; sigberthmbote@gmail.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>

<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Rundu Multi-Purpose Youth Resource Center/Regional Office</b></p> <p>Tel. 066-256429</p> <p>Ms. J. Mukoya, Youth Officer – 081 2227294</p> <p><b>Omega Youth Office:</b> 066-258307</p> <p><b>Shinyungwe Youth Office:</b> 066-264026</p> <p><b>Divundu / Frans Dimbare Youth Skills Training Center -</b> 066-258307</p> <p>Mr. Nelson Ngunda, Acting Head of Center / Youth Officer</p> <p>Tel. 081 346 6392</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Mr. David Namdjembo – 081 6620014</p>	<p>For registration (<i>civil registration, birth registration, Identification Documents, death certificates, etc</i>)</p>
<b>Community Based Services</b>	
<p><b>Catholic Aids Action (CAA) - Catholic Health Center Rundu</b></p> <p>Mr. Fervantius Kakuru, Regional Coordinator – 081 3382992</p>	<p>For HIV and orphan vulnerable children community PSS support</p>
<p><b>Development Aid People to People (DAPP)</b></p> <p>Director: Kirsten Moeler</p> <p>Email: kmhg@humana.org</p>	<p>While the aim is to gain total control of HIV epidemic through assisting infected and affected people, their outreach workers are often skilled in counseling and effectively navigating challenges.</p>
<p><b>KAYEC – Rundu (MSYNS building)</b></p> <p>Mr. Anton Kamerika, Youth Officer – 081 4632182</p>	<p>Afterschool programme with PSS</p>
<p><b>Let's Walk the Talk – Sikanduko, Rundu</b></p> <p>Ms. Beatrice Sitali – 081 3673135</p>	<p>PSS, mentoring, capacity building &amp; income generating projects</p>
<p><b>Lifeline / Childline Centre</b> (located at MOEAC)</p> <p>Mr. Daniel Olavi - Tel: 066-255354; 081 2681414</p> <p>Mr. Gabriel Mahando – Tel: 066-256626; 081 2681414</p>	<p>MHPSS direct support</p>
<p><b>Forum for African women educationalist in Namibia (FAWENA)</b></p> <p>Ms. Maria M. Eises</p> <p>Chairperson (Kavango East and West)</p> <p>061-2933143</p>	<p>Education, ECD program, Income generating activities for schools and communities, Trauma, Rape and Sexual Abuse seminars for teachers, girls access to education, HIV/AIDS programs, Youth Mentoring and Leadership programs and PSS support</p>
<p><b>Namibia Planned Parenthood Association (NAPPA)</b></p> <p>Tel. 061-230250</p>	<p>For youth/community friendly health services and linkage to PSS services, training, Awareness-raising and education &amp; advocacy</p>
<p><b>Namibia Counseling Association</b></p> <p>Ms. Martha Mukuta - Community counselor - 081 3209874</p> <p>Ms. Kalista Kasera - Community Counselor - 081 6852733</p>	<p>PSS direct support</p>

<p><b>Namibian Partnership Solutions</b>  General Tel: 081 3058139; info@nps.org.na  Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na  Ms. Melissa Morar, Director (<i>reusable pads / masks design, production &amp; quality control</i>) - 081 2696283; MMorar@nps.org.na  Ms. Theresa Farrell, Director (<i>reusable pads training &amp; community empowerment</i>) 081 2865448; TFarrell@nps.org.na  Mr. Engelbertus Dladla Byl, Community and program lead – 081 6043960  Ms. Ebikure Epeh, social worker – 081 2291208</p>	<p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors supervised by social workers</p> <p>Design, manufacture and train others to make reusable pads and masks coinciding with educational components.</p>
<p><b>Ombetja Yehinga Organisation (OYO)</b>  Mr. Gerson Mangonga- Volunteer peer counselor - 081 23 33703</p>	<p>A youth friendly psychosocial support counseling line since the start of COVID-19 managed by one trained youth facilitator</p> <p>Awareness and support around HIV, GBV and other PSS issues</p>
<p><b>Pahukeni Haingura Community Organisation (WO 398) Rundu</b>  The Chairperson: Mr. Charlie Jacobs  Cell: 0812391244 Email: phco@gmail.com</p>	<p>Counseling, referral, and psychosocial support services within the community</p>
<p><b>Positive Vibes Trust</b>  Mr. Oscar Shiweva, Programme Manager  Tel. 065-231373; 081 1484375; oscar@positivevibes.org  Mr. Lisias Kashati, Programme Officer  Tel. 081 2615774; lisias@positivevibes.org</p>	<p><b>Targets/Mandates:</b> Human rights, SRHR for AGYW, key populations, leaders</p> <p><b>Counselling type:</b> Interpersonal Communication sessions and PSS</p>
<p><b>Project HOPE Namibia</b>  Mr. Stephen Kazibe, Community Nurse – 081 3708139  Ms. Eufrasia Hamberera, Economic Strengthening Officer  Tel. 081 1401205</p>	<p>HIV support and care with linkage to PSS support &amp; savings and income generating projects</p>
<p><b>Red Cross Namibia</b>  Regional Office, ELCIN Church Street, Rundu  Tel. 066-256213; 066-256127</p>	<p>For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level</p>

<p><b>Society For Family Health &amp; Development Aid People to People</b></p> <p>Ms. Anastasia Hamutenya- Community counselor - 081 8662057</p> <p>Ms. Fransica Kavera- Community counselor - 081 2728636</p> <p>Ms. Irmma Siremo- Community counselor - 081 4996501</p> <p>Ms. Julietha Sisenge - Community counselor - 081 3009762</p> <p>Ms. Agatha Mukuve- Community counselor - 081 3601441</p> <p>Ms. Tjunda - Community counselor - 081 2115020</p> <p>Ms. Helena Limanga - Community counselor - 081 7177963</p>	<p>Providing and promoting public health services through empowering communities with health promotion interventions aimed at reducing health disparities and improving health outcomes</p>
<p><b>Theresa's Orphans and Vulnerable Children Foundation</b></p> <p>The Chairperson: Ms. Elizabeth Hilger</p> <p>P. O. Box 2428, Rundu</p> <p>Tel. 066-255131; 066-255711; Cell: 0812708931</p>	<p>Offers PSS support to orphans and vulnerable children and their families</p>
<p><b>Tonata People Living with HIV Network</b></p> <p><i>Ndiyona and Nyangana Districts</i></p> <p>Ms. Nomagugu Ndebele – 081 8084747</p>	<p>PSS support related to HIV and those affected.</p>

## 5.8 ZAMBEZI MHPSS SERVICE CONTACT SHEET

**Capital:** Katima Mulilo  
**Total Area:** 14,785 km<sup>2</sup>  
**Total population:** 90,596  
**Population Density:** 6.1/km<sup>2</sup>

**Governor:** Hon. Lawrence Sampofu  
 Tel: +264-66-261739  
 Email: governor@zambeziog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<b>Child Care and Protection Forums</b>	Mr. Dennis Matomola 0811434788 / 0816119760
<b>School Health Task Force</b>	Mr. George Kabuku 066- 253187; 081 2941525
<b>Regional AIDS Coordinating Committees (RACOCS)</b>	Mr. Mupani - 0813544979
<b>COVID-19 Task Force</b>	Mr. Harries Chunga 081 2578321
<b>Development Committees</b>	Ms Regina Ndopu-Lubinda 066-262400
<b>Gender Based Violence Forum</b>	Mrs Kawana - 0812429924
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><b>Regional Office – Katima Mulilo - 066-252226</b></p> <p>Mr. Dennis Matomola, Senior Social Worker – 081 1434788</p> <p>Ms. Elsie Saushini, GBVPU Social Worker – 081 2149894</p> <p>Ms. Vigo Mutwamezi, Social Worker – 081 3362197</p> <p>Ms. Kgomotso Nzwile, Social Worker – 081 4048463</p> <p>Ms. Maria Libana, Social Worker – 081 2770000</p> <p>Ms. Kaomotso Nancy Nzwile, Social Worker – 081 4048463</p> <p>Ms. Maria Libana, Chief Admin Officer– 066-252225 (grants)</p> <p>Ms. Charity Muyatwa, Administrative Officer</p> <p>Tel. 066-252286/ 0812186155</p> <p>Mrs. Kawana, Chief Liaison Officer, 081 2429924 (<i>gender-based violence and teenage pregnancy awareness campaigns</i>)</p> <p>Ms. Sylvia Chidunka, Disability lead – 081 2983557</p> <p>Mr. Felix Kamwi, poverty/food bank lead - 081 2198853</p> <p>Mr. Musha Balowa, ECD lead, empowerment – 081 4750557</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b>Regional Office – Katima Mulilo Hospital - 066-251438</b></p> <p>Ms. Yolanda Lisho, Chief Social Worker – 066-251415</p> <p>Ms. Mercy Mayumbelo, Social Worker (GBVPU)</p> <p>Ms. Mundia Simenda, Social Worker – 081 3364736; 081 2218611</p> <p>Mr. Cornelious Nyabani - 066-251438; 081 6811120</p> <p>Ms. Muselo Sankombo, Social Worker – 081 2338022</p> <p>Ms. Apollinia Shoopala, Social Worker - 081 3366632</p> <p>Ms. Kelly Mukova, community health worker lead – 081 1281767</p> <p>Mr. Mupani, HIV support and teen club lead – 081 3544979</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender Based Violence Protection Unit</b></p> <p>Address: Katima Hospital, 066-251215; 066-251218</p> <p>Chief Inspector Mathews – 081 7890162</p> <p>Warrant Officer Tawana – 081 2348128</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture</b></p> <p>Mr. George Kabuku, Senior Education Officer</p> <p>Tel. 066-253187; 081 2941525</p> <p>Ms. Namangowa Mapenzi, acting regional school counselor</p> <p>Tel. 081 2814036 / 081 2735319</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Katima Mulilo Multi-Purpose Youth Resource Centre</b></p> <p>Tel. 066-253668/ 3</p> <p>Ms. Virginia Ngenda, Social Worker – 066-253668; 081 6156487</p> <p>Mr. E. Siwiya, Head of Center - 066-253668</p> <p><b>Kongola Youth Office:</b> 066-250406</p> <p><b>Bukalo Youth Office:</b> 066-254012</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion into initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security</b></p> <p>Mr Mushanana - Immigration – 081 2787208</p> <p>Mr Simaataa - Birth registration – 081 3971953</p>	<p>For registration (<i>civil registration, birth/death certificates, Identification Documents, etc</i>)</p>

Community Based Services	
<p><b>Catholic Aids Action (CAA) - 066-25129</b> Ms. Jane Wachila, Regional Representative - 081 2946911</p>	For HIV and orphan vulnerable children community PSS support
<p><b>Development Aid People to People (DAPP)</b> Director: Kirsten Moeler <b>Windhoek</b> - Tel. 061-258220; Email: kmhg@humana.org Ms. Patricia Mutatehi, regional project leader - 081 6530625</p>	to tcontrol of HIV epidemic through assisting infected and affected people, their outreach workers are often skilled in counseling and effectively navigating challenges.
<p><b>Lifeline / Childline Namibia - Zambezi</b> Ms. Regina Henghono - 081 3922162 Mr. Freddy Ntelamo - 081 6274436</p>	Parenting and life skills and MHPSS support
<p><b>Namibia Planned Parenthood Association (NAPPA)</b> Address: Mutenda Mushina St, Katima Mulilo - 066-254502</p>	For youth/community friendly health services and linkage to PSS services
<p><b>Namibian Partnership Solutions</b> General Tel: 081 3058139; info@nps.org.na Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na Mr. Engelbertus Dladla Byl, Community and program lead - 081 6043960 Ms. Ashley Joseph, social worker - 081 3604430</p>	<p><b>Targets:</b> service providers to strengthen MHPSS services for those most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, capacity trainings and network / system strengthening.</p>
<p><b>Project HOPE Namibia</b> For income generating projects: Ms. Helvi Mpango, Economic Strengthening Officer - 081 3427783  For DREAMS Adolescent Girls/Young Women support: Ms. Sharon Zambwe, DREAMS Social Worker - 081 3024423 Ms. Klara Kakororo, DREAMS Social Worker - 081 7874031 Mr. Hizen Simasiku, - 081 3720238</p>	<ul style="list-style-type: none"> <li>• DREAMS - Safe spaces for HIV, GBV and economic strengthening</li> <li>• Short Term Emergency Cash support &amp; stationery and school uniforms for OVC beneficiaries</li> <li>• Short and long-term MHPSS to survivors of violence</li> </ul>
<p><b>Red Cross Namibia - Katima Mulilo</b> Mr. Valks Mayamba, regional coordinator Tel: 066-253415; 081 2787510</p>	For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level
<p><b>Society For Family Health (SFH) - Kongola and Katima Mulilo</b> Mr. Mike Kampota, Project Officer - 081 4108092</p>	Providing public health services through empowering communities with health promotion interventions to reduce health disparities and improve health outcomes
<p><b>Tonata People Living with HIV Network</b> Mr. Albert Chibozu - 081 3369957</p>	PSS support related to HIV and those affected.



## 5.9 ERONGO MHPSS SERVICE CONTACT SHEET

**Capital:** Swakopmund  
**Total Area:** 63,539 km<sup>2</sup>  
**Total population:** 150,809  
**Population Density:** 2.4/km<sup>2</sup>

**Governor:** Hon. Neville Andre  
 2<sup>nd</sup> Floor, Makarios Center, Cottage Ave  
 Private Bag 5033, Swakopmund  
 Tel: +264-64-417900  
**Secretary:** Ms. Bella Situde  
 Email: bsitude@erongoog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums (MGEPEWSW)	Ms. Margreth Richter 081 256733
School Health Task Force	Mrs Orus - 0811278585
Regional AIDS Coordinating Committees (RACOCS)	Regional Council - 064-4105700
COVID-19 Task Force	MHSS Regional Director Ms. Anna Jonas - 064-4106105
Development Committees (Regional Council)	Ms. S. Kauari - 064-4105712
Gender Based Violence Forum (MGEPEWSW)	Ms. Maria Titus, 0812926686
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><b>Swakopmund Regional Office</b>, Ministry of Mines &amp; Energy Building, Dusch Street; Tel: 064-462580</p> <p>Ms. Margreth Richter, Senior Social Worker – 081 2564733</p> <p>Ms. Amanda Baard, Social worker – 081 4294703</p> <p>Ms. Ndahafa Shoombee, Admin. Officer (grants) – 081 4070233</p> <p>Mr. Karel Louw, disability lead - 081 2146383</p> <p>Mr. Karel Louw, poverty/food bank lead - 081 2146383</p> <p>Mrs. T. Disheria, ECD Lead, 081 1434805</p> <p><b>Walvis Bay</b> – Old North Hospital, Moses Garoeb St</p> <p>Ms. Mercia Nependa, Social Worker – 064-204186; 081 4205850</p> <p>Mr. Vigo Mutwamezi, Social Worker – 081 3362197</p> <p><b>Omaruru</b></p> <p>Ms. Ellen Tjazuko, Social Worker – 064-570168; 085 3114160</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b>Regional Office – Rakatuka Str. Opposite Natis and CTM 064-4106000</b></p> <p>Ms. Barbara Van Rooyen, Chief Social Worker – 081 2439605</p> <p>Ms. Hilka Shiwala, Senior Social Worker – 081 2439605</p> <p>Ms. Maus Aina, Community health worker lead – 081 7212546</p> <p><b>Erongo District Hospital</b></p> <p>Ms. Welda Gawawas, Social Worker – 0812324088</p> <p><b>Swakopmund – Swakopmund District Hospital- 064-4106000</b></p> <p>Ms. A.E. Gaes, Senior Social Worker – 064-4106116, 081 8362491</p> <p>Ms. A.C. Thanises, Social worker – 064-4106075</p> <p>Ms. Hilma Kasheeta, Social Worker (HIV support) – 064-4106069</p> <p><b>Walvis Bay – Walvis Bay District Hospital- 064-216300</b></p> <p>Ms. G. Taukahege, Social Worker – 064-216366</p> <p>Ms. Hilka Shiwalo, Social Worker- 064-216322</p> <p>Mr. Visit Simasiku, Social Worker- 064-216352</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBVPU)</b></p> <p>Address: Moses Garuieb Street, behind State Clinic &amp; Police station</p> <p>Tel. 064-219068; 064-219000</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Correctional facilities</b></p> <p>Ms. Sofia Negonga, Social Worker – 081 2228387</p>	<p>MHPSS support to inmates and families</p>
<p><b>Ministry of Education, Arts and Culture (MOEAC)</b></p> <p>Ms. Ingenesia Tuahepua, Senior Education Officer - 064-4105110; 085 7113637; 081 3028872; Email: rscerongo.moe@gmail.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Swakopmund Multi-Purpose Youth Resource Center/Regional Office:</b></p> <p>Tel. 064-400898</p> <p><b>Usakos Multi-Purpose Youth Resource Center:</b> 064-530781</p> <p><b>Walvis Bay Youth Office:</b> 064-221909</p> <p><b>Omaruru Youth Office:</b> 064-570271</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion in activities</li> </ul>

Community Based Services	
<b>Demand Creion</b> – Mondesa – 081 3094622	Providing MHPSS, advice, Information and Referral.
<b>Healing Ministries Association (WO 408)</b> Ms. Tirzah Stutzer, Chairperson 23 First Avenue, Meersing Walvis Bay Tel: 064-205495; Cell: 081 1295495; astutzer@iafrica.com.na	Counseling, Social Welfare support, Referral and Linkage to services
<b>Healing Wound</b> - Kuisebmond, Walvis Bay Ms. Florence Tchisuku, Director – 081 7601704	MHPSS support with counseling, information, advocacy & referral to additional support as needed
<b>Love Opens Visions Embraces Welfare Organisation (W0426)</b> The Chairperson: Ms. Z. Martin Plaatjies P.O. Box 458 Swakopmund Tel: 064-4105112; 081 2111847; zelnamp@moe.org.na	Counseling and Social Welfare support services
<b>Namibia Planned Parenthood Association (NAPPA)</b> <b>Walvis Bay</b> , Kuisebmond Ms. Blantine Martin, Head Nurse – 081 2004576 <b>Swakopmund</b> , Single Quarters Ms. Allea Gerhard, Volunteer – 081 2956051	For youth/community friendly health services and linkage to PSS services Training, awareness-raising and education & advocacy
<b>Philippe Trust Namibia</b> Tel. 061-259055; 065-259291; Email: counselling@philippi.com.na Ms. Charlotte Farmer, Certified Counselor – 081 2896929 Mr. Adam Nzuzi, Certified Counselor/Social Worker – 081 2970598 (serving w/ COVID w/ MHSS)	MHPSS to individuals, couples, family and groups Face-to-face or online via zoom
<b>Regain Trust</b> Tel. 081 5584008 Email: esw@regain-trust.org	Free MHPSS services & referrals to victims, survivors and anyone affected by GBV 08:00-15:00
<b>Society for Family Health (SFH)</b> <b>Walvis Bay Multi-Purpose Center</b> - Tel. 061-440600	Providing/promoting health services through empowering to reduce health disparities and improve outcomes
<b>Tonata People Living with HIV Network</b> Ms. Albertina Hauanga – 081 2922493	PSS support related to HIV and those affected.
<b>Walvis Bay Kids Organisation (W0407)</b> The Chairperson: Mr. Werner du Plessis Moses Garoeb Street- North Hospital - Tel: 064-206456; 081 2218081; 081 2564733; Email: baardmaureen@gmail.com	Place of safety for children
<b>Walvis Bay Society for the Aged (WO 115)</b> The Chairperson: Mr. C.L.de Jager Huis Palms, 15 John Muafangejo Street Tel: 064-205158; Email: hpalms@mweb.com.na	Counseling and Social welfare Support to aged persons, Information, Referral, Advice and Linkage to External services for the Aged.
<b>Walvis Bay Child and Family Centre (WO 165)</b> PO Box 2481, Walvis Bay North Hospital Moses Goerueb Street, Walvis Bay Tel. 064-20344x243	Therapy & rehabilitation for alcoholics and drug addicts, people with disabilities and those in need. Support groups, MHPSS, awareness & referrals. Temporary shelter for women & children.

## 5.10 OTJOZONDJUPA MHPSS SERVICE CONTACT SHEET

**Capital:** Otjiwarongo  
**Total Area:** 105,460 km<sup>2</sup>  
**Total Population:** 143,903  
**Population Density:** 1.4/km<sup>2</sup>

**Governor:** Hon. James Uerikua  
 22 Henk Willems Street, Otjiwarongo  
 P.O. Box 1682, Otjiwarongo  
 Tel: +264-67-303702 / 6238  
 Email: governor@otjozondjupaog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums (MGEPESW)	Ms. Evelina Amakali: 067-301269
School Health Task Force (MOEAC)	Mr. Kandjimbi - 0814838696
Regional AIDS Coordinating Committees (RACOCS)	Ms. Esther Nangolo - 067-303702
COVID-19 Task Force (MoHSS)	Mr. Shilikomwenyo Samuel 081 2738445
Development Committees	Regional Constituency Councilor, 067-303702
Gender Based Violence Forum	Chief Inspector Himarua 067-300625
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPESW)</b></p> <p><b>Otjiwarongo Regional Office</b> - Amadhila &amp; Frans Indongo St 067-301269</p> <p>Ms. Evelina Amakali, Senior Social Worker – 081 3192777                      Ms. Saima Mwafufya, Social Worker – 081 2645922                      Ms. Kauri Mekukuye, Administration Officer (grant)                      Tel. 067-301269; 081 2929152</p> <p>Mr. Richard Gaoseb, Community Liaison Officer – disability                      Tel. 067-300900, ext 9052; 081 2754478</p> <p>Mr. Albert, poverty/food bank support lead - 067-242514                      Ms. Josephine Nangolo, ECD support lead - 081 6698999</p> <p><b>Grootfontein</b> - GRN Offices Park/Dr. Nicky Iyambo St. 067-243519                      Ms. Marionette Swartz, Social Worker – 081 3915212</p> <p><b>Okakarara</b> - Old Regional Council, John Tjikua St.                      Ms. Hilma Petrus, Social Worker                      Tel. 081 4682435 (emergency); 085 7169118 clients</p> <p><b>Okahandja</b> - Martin Neib Avenue - 062-500676                      Ms. Sylvia Muharukua, Social Worker – 081 6605159</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b>Otjiwarongo State Hospital/Regional Office</b> – 067-307625</p> <p>Ms. Julia Markus, Chief Social Worker – 081 4047107</p> <p>Ms. Tulisani Dewar, Social Worker – 081 4259961</p> <p>Ms. Verona K, Social Worker – 081 3664411</p> <p>Ms. Rosa Matjaji, Community health worker lead – 081 3946451</p> <p>Ms. Martha Nepando, HIV support/teen club lead - 081 2282965</p> <p><b>Grootfontein State Hospital</b></p> <p>Ms. Sarafina Kanana, Social Worker – 067-248163; 081 3187244</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit</b> – Otjiwarongo</p> <p>Mr. Himarua, Chief Inspector - 067-300625; 067-3006019</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture -</b></p> <p>Mr. Wilbard Kandjimbi, Acting Lead Regional School Counselor</p> <p>Tel. 081 4838696; Email: wkandjibi@gmail.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Otjiwarongo Multi-Purpose Youth Resource Center/Regional Office</b></p> <p>Address: Amadhila &amp; Frans Indongo St, opposite Min of Finance</p> <p>Ms. J. Iitondoka - 067-302268; 081 1499278</p> <p><b>Okahandja Youth Office:</b> 062-500023</p> <p><b>Tsumkwe Youth Office:</b> 067-244012</p> <p><b>Grootfontein Youth Office:</b> 067-243079</p> <p><b>Berg Aukas Rural Youth Skills Training Center, Grootfontein</b></p> <p>Mobile: 081 4072750</p> <p><b>Okakarara Youth Office:</b> 067-317256</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion into initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Ms. Panduleni Lydia Nghidengwa- 067-300900, ext 9052; 081 2176362</p>	<p>For registration (<i>civil registration birth/death certificates Identification Documents, etc</i>)</p>

Community Based Services	
<p><b>KAYEC - Otjiwarongo</b> – Erf. 552 El Shaduka Street Rwetoveni Location Ms. Aline Uiras, programme lead – 081 2346654</p>	<p>Afterschool programme with psychosocial support services</p>
<p><b>Lifeline / Childline Namibia</b> <b>Otjiwarongo (based at MGEPESW Regional Office)</b> – 0812635254 Ms. Rachel Ndokotola &amp; Ms. Caroline Samule <b>Okahandja (based at MGEPESW Office)</b> – 0812639492 Mr. Reinhold Goseb &amp; Ms. Zelda Snyders</p>	<p>MHPSS direct support</p>
<p><b>Namibia Women's Network (WO 153)</b> The Chairperson: Ms. Naomi Kisting PO Box 539, Okahandja; Tel. 067- 501051</p>	<p>Advocacy, Legal education &amp; training, Project management &amp; co-ordination, Employment creation, Referral, Research.</p>
<p><b>Okakarara Older People's Organisation (W0414)</b> The Chairperson: Ms. Martha Pasile Cell: 081-2321745; Email: johnviakondo@yahoo.com</p>	<p>PSS support, Information Advice, Linkage &amp; Referral Services for Aged persons</p>
<p><b>Philippe Trust Namibia</b> Tel. 061-259055; 065-259291 Email: counselling@philippi.com.na</p>	<p>MHPSS to individuals, couples, family and groups Face-to-face or online via zoom</p>
<p><b>Red Cross Namibia</b> <b>Grootfontein/Omulunga</b> - Kasupi street Ms. Hanzina Gamises - Tel: 067-243909; 081 2180274</p>	<p>For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level</p>
<p><b>Society For Family Health (SFH)</b> Ms. Deon Molonga – 081 6481315</p>	<p>Providing public health services through empowering communities with health promotion interventions to reduce health disparities and improve outcomes</p>
<p><b>Tonata People Living with HIV Network - Grootfontein</b> Ms. Ingrid Louise – 081 7832804</p>	<p>PSS support related to HIV and those affected</p>

## 5.11 OMAHEKE MHPSS SERVICE CONTACT SHEET

**Capital:** Gobabis  
**Total Area:** 84,981 km<sup>2</sup>  
**Total 2011 population:** 71,233  
**Population Density:** 0.84/km<sup>2</sup>

**Governor:** Hon. Pijoo Nganate  
 99 Church Street  
 Private Bag 2277, Gobabis  
 Tel: +264-62-563032 / 3  
 Email: governor@omahekeog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums (MGEPESW)	Ms. Cynthia Muna - 081 3055515
School Health Task Force (MOEAC)	Sister Kanguvi - 081 2260600
Regional AIDS Coordinating Committees (RACOCS)	Regional Council - 062-566500
COVID-19 Task Force (MHSS)	Dr. Kabongo - 081 3332903
Development Committees	Regional Council - 062 566500
Gender Based Violence Forum	Ms. Threncia Tjaonjda 081 2615425
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPESW)</b></p> <p><b>Gobabis - Regional Office</b> – Epako Women’s Center - 062-564287</p> <p>Ms. Cynthia Muna, Social Worker – 081 3505515</p> <p>Ms. Threncia Tjaonjda, Chief Regional Gender Liaison Officer, 081 2615425</p> <p>Ms. Batseba Tjiueza, Senior Admin. Officer – 081 2143277 (grants)</p> <p><b>Otjinene (but based at regional office in Gobabis)</b></p> <p>Ms. Namvula Kiimbi- 081 2311504; 081 3731241</p> <p><b>Okarukambe, Witvlei</b></p> <p>Mr. Darius Mutafela, Administrative Officer - 081 7515776 (grants)</p> <p><i>Regional Disability support lead:</i></p> <p>Mr. Kapuka Njembu, community liaison officer Tel. 062-577000; 081 4556595</p> <p><i>Regional poverty/Food bank support lead:</i></p> <p>Mr. Steven Richter, Regional Coordinator, 081 4688080</p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b>Gobabis – Regional Office</b> – Gobabis Hospital - 062-577000</p> <p>Mr. Chaka Kabende, Chief Social Worker – 081 6501631</p> <p><b>Gobabis State Hospital</b> - 062-566200</p> <p>Ms. Marizane, Social Worker – 081 2990777</p> <p>Ms. Siegriedine Kazapua, Social Worker - 081 8409750</p> <p>Ms. Marie Nolte, Social Worker – 081 2723221</p> <p><b>Epako Clinic, Gobabis</b></p> <p>Mr. Fritz Skrywer, Com. Health Workers Coordinator –081 3820179</p> <p>Ms. Glenda Muulu – Community Health Worker - 0812047029</p> <p><i>Clinical nursing supporting</i> – HIV, including LHIV teen clubs</p> <p>Sister Kavara Riruako – 081 2921884</p> <p>Sister Lucia – 081 7932460</p> <p>Sister Marenga – 081 2416878</p> <p><i>Volunteer Peer Counselors:</i></p> <p>Ms. Natalia Ngavee – 081 0337218</p> <p>Ms. Sara Tsuses – 081 4500602</p> <p>Ms. Brigitte Konjore - 081 8088420</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit - Gobabis</b></p> <p>062-566114; 062-560400</p> <p><i>Gobabis Police Station</i></p> <p>Ms. Ndapewa Paulus, community supporter – 081 2893139</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture</b></p> <p>Ms. Lydia Koos, Supervisor - Tel. 081 3220011</p> <p>Mr. Hubert Eiseb, Diagnostics Advisory Training Administrator</p> <p>Tel. 081 7455622; Hubert.eiseb@outlook.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service -</b></p> <p><b>Gobabis Multi-Purpose Youth Resource Center/Regional Office</b></p> <p>Ms. Veronia Mokaleng – 062-562249</p> <p><b>Farm Du Plessis Skills Training Center Office:</b> 062-568334</p> <p><b>Aminius Youth Office:</b> 063-273045</p> <p><b>Otjinene Youth Office:</b> 062-567573</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other MHPSS services as needed</li> <li>• Rural Youth Development targeting inclusion in activities</li> </ul>



PSS Community Based Services	
<p><b>Followers of Christ Ministry</b>, Kanaan C, Gobabis            Mr. Elvis Kamenye, church counselor - 081 3612415            Ms. Victoria Kamenye, church counselor - 081 3612415</p>	<p>PSS counseling, information, linkage            Referral, advice and social welfare support</p>
<p><b>Individual Youth Inspirational Talks</b>, Aminius State Clinic            Ms. Rejoice Seitsang, community supporter - 081 7909640</p>	<p>PSS services</p>
<p><b>Kondjeenaro Football Academy, Herero Block Gobabis.</b>            Mr. Konjeenaro Hambira, Volunteer Peer Counselor - 081 5517655</p>	<p>Information, advice and social welfare support</p>
<p><b>Lifeline / Childline Namibia</b>  <b>Gobabis</b> Epako Clinic - 081 2639480            Mr. Hawkinz Mutaazu &amp; Ms. Loryne Kazapua</p>	<p>PSS direct support, education, awareness and referrals</p>
<p><b>Light For the Children (WO 427)</b> – Erf 876, Freedom Square, Epako            The Chairperson: Pastor Olwagan            Tel: 062-563943; Cell: 081 2818971; Email: Iftc@iway.na            Mr. Jac-Louis Van Rooyen - 081 3906724</p>	<p>ECD, training, day care, place of safety, sympathy care-givers &amp; home based care</p>
<p><b>Namibian Partnership Solutions</b>            General Tel: 081 3058139; info@nps.org.na            Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na            Ms. Melissa Morar, Director (<i>reusable pads / masks design, production &amp; quality control</i>) - 081 2696283; MMorar@nps.org.na            Ms. Theresa Farrell, Director (<i>reusable pads training &amp; community empowerment</i>) - 081 2865448; TFarrell@nps.org.na            Mr. Engelbertus Dladla Byl, Community and program lead – 081 6043960            Ms. Ebikure Epeh, social worker -- Tel. 081 2291208</p>	<p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.  <b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors supervised by social workers            make reusable pads and masks coinciding w educational components.</p>
<p><b>The Potter's House Church, Gobabis</b>, Erni's Conference Facility            Mr. Firmino Caley, church counselor - 081 28 59445            Mr. Moses Goeieman, church counselor - 081 72 82400  <b>Otjinene Youth Centre</b>            Mr. August Huiseb, church counselor - - 081 76 81243</p>	<p>MHPSS counseling, information, awareness, advocacy and referrals as needed.</p>
<p><b>River of Apostolic Healing Pentacostal Assembly</b>, Kanaan C, Gobabis            Mr. Barnabas Goreseb, church counselor - 081 2097179</p>	<p>PSS counseling, information, awareness, advocacy &amp; referrals</p>
<p><b>Steps for the Children</b>  <b>Gobabis, Nossibville Steps Center</b>            Mr. Stephanus Narib, Volunteer Peer Counselor - 081 6172034  <b>Gobabis, Steps Centre</b>            Ms. Susann Araes, Volunteer Peer Counselor - 081 6172034            Ms. Angelika Eichas, Volunteer Peer Counselor - 081 6172034</p>	<p>Education and Training opportunities, Skills development, Income generating programs/activities targeted at children and youths.</p>
<p><b>Uniting Reformed Church</b> - URCSA church - Tallismanus            Mr. Micheal Billy, church counselor - 081 85 74828</p>	<p>PSS counseling, information, awareness, advocacy &amp; referrals</p>

## 5.12 KHOMAS MHPSS SERVICE CONTACT SHEET

**Capital:** Windhoek

**Total Area:** 36,964 km<sup>2</sup>

**Total population:** 447,636

**Population Density:** 12/km<sup>2</sup>

**Governor:** Hon. Laura Mcleod-Katjirua

Tel: +264-61-4304005

Email: governor@khomasog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<p><b>Child Care and Protection Forums (MGEPEWSW)</b></p>	<p>Ms. Connie Manghono 061-283 3108</p>
<p><b>School Health Task Force (MoEAC)</b></p>	<p>Ms. Emilie Haiping 061-293 4509/081 2561584 emiliehaipingemoeac@gmail.com</p>
<p><b>Regional AIDS Coordinating Committees (RACOCS)</b> <b>Khomas Regional Council</b></p>	<p>Hon. Rachel Jacobs, Chairperson 061-388700/081 2610265</p>
<p><b>COVID-19 Task Force (MoHSS)</b></p>	<p>Ms. Patemoshela Hamunyela 061-2035006/081 3701662</p>
<p><b>Development Committees</b> <b>Khomas Regional Council</b></p>	<p>Mr. Clement Mafwila, CRO, 061-292 4356/081 1297472</p>
<p><b>Gender Based Violence Forum</b></p>	<p>Ms. Helena Nashilongo 061-283 3258/081 2923348</p>
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><i>Regional Office, Windhoek</i> - Juvenis Building, Independence Av Tel. 061-2833111</p> <p>Ms. Connie Manghono, Control Social Worker (social work and disability lead) - Tel. 061-2833184; 081 2833173</p> <p>Ms. Louise Uiras, Chief Social Worker – 081 2489383</p> <p>Mrs. S. Shaamena, Social Worker - 061-2833225 or 081 4882941</p> <p>Mr. Chalo Manze, Senior Administrative Officer (grants) Tel. 061-2833226</p> <p>Mr. Tangeni Mwashekele, poverty/food bank lead – 061-4355001</p> <p>Mr Develius Mgatjiisiue, National ECD lead – 081 4849930</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> <li>• Afterschool Center - Shelter for children in need of short-term safety. Onsite support teams, including social workers and child care officers will assess and support children while exploring family dynamics and creation of safety engagement plans.</li> <li>• Also has afterschool psychosocial support programming onsite.</li> </ul>

<p><b>Khomas</b> - After School Centre, Grysblock - 061-212962  Ms. Gladys Simasiku, Social Worker – 081 7286788  Ms. Liina Siwombe, Social Worker - 081 3718683</p> <p><b>Khomas - Shelter and After School Center</b> - - Tel. 061-212962  Ms. Maggy Katimba, Director  Tel. 081 2135662; Email: maggykatimba@yahoo.com  Ms. Lena Nakushen, social worker  Tel 081 2863037; Email: Nakushen@gmail.com</p> <p><b>Khomas - Gender-Based Violence Protection Unit</b>  Katutura State Hospital  Tel. 061-2266495; 061-2266499 and 061-226771  Mr. Ben Kaverua, Senior Social Worker – 081 2417901  Ms. Elizabeth Viall, Social Worker – 081 2291024  Ms. Auguste Mupupa, Social Worker – 081 6605279  Ms. P. Shipunda, Social Worker  Tel. 081 3788249; 081 4221477 (<i>clients</i>)</p> <p><b>Khomasdal &amp; Otjomuise</b> - Khomasdal Office - 061-213948  Ms. Clemensia Kavita, Social Worker</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> <li>• Afterschool Center - Shelter for children in need of short-term safety. Onsite support teams, including social workers and child care officers will assess and support children while exploring family dynamics and creation of safety engagement plans.</li> <li>• Also has afterschool psychosocial support programming onsite.</li> </ul>
<p><b>Ministry of Health and Social Service</b></p> <p><b>All districts</b> – Red Cross Building, Behind Shoprite, Katutura  Ms. Huhafeni Talia, Chief Social Worker  Ms. S. Damon, Senior Social Worker</p> <p><b>Khomas Directorate Region</b> – back of Central Hospital</p> <p><b>Windhoek District Office</b>, Old TB hospital - 061-2035162  Ms. Shirley Wemmert, Chief Social Worker – 081 2804263  Ms. Alida Wallace, Senior Social Worker  Ms. Rebekka Seblon, Social Worker - 061-2035162</p> <p><b>Central Hospital</b>  Ms. Rufaro Dipura (HIV Social Worker) - 061-2033446  Ms. Helena Matengu, Senior Social Worker - 061-2033414  Mr. Siteketa, Senior Social Worker- 061-203331  Ms. Hasheela, Social Worker 061-2033499  Ms. Yvonne Mwilima, Social Worker 061-2033404  Ms. Esperanca Hamukwaya, Social Worker 061-2033289</p> <p><b>Forensic Unit</b>  Ms. Jennifer Lifasi, Social Worker 061-2033399  Ms. Selma Uusiku, Social Worker 061-203365</p> <p><b>Civil Unit</b>  Ms. Erica Kamwanka, Social Worker 061-2033320  Abott Kalimbula, Social Worker 061-2033508</p> <p><b>Katutura State Hospital</b> - 061-2034106  Ms. R. Ndokotola, Chief Social Worker 081 2180786  Ms. Fransina Uukule, Social Worker  Dr./Ms. Kabuku, Lead of HIV care/support – 081 4251071  Ms. Mirjiam Nalupe, lead of ALHIV support groups - 085 3 101660  Sister Ipinge Pectra, community health worker lead - 081 2611960</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>

<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBPVU)</b></p> <p>Address Katutura Hospital</p> <p>061-2095226; 061-2095375; 061-2094111; 061-302302</p> <p><b>NAMPOL GBVPU offices:</b></p> <p>Windhoek police station – 061-2094111</p> <p>Katutura police station – 061-2095111</p> <p>Wanaheda police station- 061-2096111</p> <p>Okahandja police station – 062-503013</p> <p>Dorbabis police station – 062-573514</p> <p>Seeis police station – 062-560081</p> <p>Nauchas police station – 062-272006</p> <p>Rehoboth police station – 062-522981</p> <p>Groot Aub police station – 062-542058</p> <p>Hochfeld police station – 062-549132</p> <p>Hosea Kutako police station – 062-540321</p> <p>Klein Aub police station – 061-252702</p> <p>Klein Windhoek substation – 061-2093359</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture -</b></p> <p>Ms. Christel Menette, Chief Education Officer / Clinical Psychologist</p> <p>Tel. 061-226979; Email: mmabonolo1@yahoo.co.uk</p> <p>Ms. Carike Viljeon, Chief Education Officer /Psychological Counselor / Ed Psych in training – Tel. 061-226979; carikemans@gmail.com</p> <p>Ms. Yvonne Tjerivango, Senior Education Officer / Psychological Counselor – Tel. 061-226980; Email: ytjeri@gmail.com</p> <p>Ms. Valerie Tjirimuje, Tel. 061-2934222 /1; 082 5662499</p> <p>Email: valerietjirimuje@gmail.com</p>	<p>For education issues and linkage to life skills teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service</b></p> <p><b>Windhoek Multi-Purpose Youth Resource Center / Regional Office</b></p> <p>Mr. D. Gawaseb, Youth Officer Tel. 061-263281/2</p> <p>Ms. Hilya Imene, Senior Youth Officer – Child Justice</p> <p>Tel. 061-2706535</p> <p>Email: Hilya.Imene@msyns.gov.na</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion of rural youth in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Independence Av, Windhoek - 061-2922111</p>	<p>For registration (<i>civil registration, birth registration, Identification Documents, death certificates, etc</i>)</p>

Private Services	
<p><b>Bel Esprit Hospital</b> C/o Mose Tjitendero &amp; Henry Kaltenbrun Str, Olympia, Windhoek</p> <p>Tel. 083 3300945/ 081 4009042 <b>Emergency Contact (24hour Helpline)</b> Tel: +264 81 455 0945 Contact by website: <a href="https://belesprit.com.na/contact/">https://belesprit.com.na/contact/</a></p>	<p>The Hospital offers inpatient (adults) &amp; outpatient (child &amp; adults) caters to psychological crisis, offering social work, psychology and psychiatric services.</p> <p>Private/Insurance fees.</p>
<p><b>Development Aid People to People (DAPP)</b> Director: Kirsten Moeler <b>Windhoek</b> - Tel. 061-258220 Email: <a href="mailto:kmhg@humana.org">kmhg@humana.org</a></p>	<p>to control of HIV epidemic through assisting infected and affected people, their outreach workers are often skilled in counseling and effectively navigating challenges.</p>
<p><b>Let's Talk Psychologists</b> Clinical Psychologists and Psychological Counsellors C/o Groot Tiras St &amp; Berg Aukas Street, Windhoek – 061 221123</p> <p>Contact by website: <a href="https://www.letstalkpsych.biz/index.php#contact">https://www.letstalkpsych.biz/index.php#contact</a></p>	<p>Provides, individual, couple, family groups counseling/therapy using a variety of approaches and techniques: behavioural, art, psychotherapy, cognitive therapy and humanist approaches.</p> <p>Private/Insurance fees.</p>
FREE Community Based Services	
<p><b>Association for the Alternatives to Violence Project Namibia</b> PO. Box 26526 Windhoek Erf: 23 Willian Street, Windhoek West Mr. Ben Schernick (Senior Facilitator) Tel: 061-307180; Cell: 0812294803/0812806375</p>	<p>COMMUNITY WORK TRAININGS ON ALL FORMS OF VIOLENCE, WORKING WITH THE INMATES BY TRAINING THEM ON HOW TO DEAL IN A NON VIOLENT WAY</p>
<p><b>Church Alliance for Orphans (CAFO)</b> P.O. Box 5028 Ausspanplatz Tel. 061-269572; Email: <a href="mailto:cafo@iway.na">cafo@iway.na</a></p>	<p>A faith based network organisation working for the development and sustainability of support for OVC</p>
<p><b>Cancer Association of Namibia (WO30)</b> Sister Aina Nghitongo (Registered Nurse) 081 1277740 Ms Martha Angolo (Patient Navigator) 081 1402709 Tel: 061-237740; Email: <a href="mailto:canwdh@africaonline.com.na">canwdh@africaonline.com.na</a> Website: <a href="http://www.can.con.org.na">www.can.con.org.na</a></p>	<p>Creates awareness, educate, screen, provide support as best as possible to help prevent, early detect &amp; promote better treatment options of cancer</p>
<p><b>Catholic AIDS Action (CAA)</b></p> <p>Director: Mr. Lorenze Hembapu 12 Adler Street, Windhoek West, Windhoek P.O. Box 11525, Windhoek Tel. 061-276350 Email: <a href="mailto:info@caa.org.na">info@caa.org.na</a> Website: <a href="http://caa.org.na">http://caa.org.na</a></p> <p>Ms. Queen Naiyma, internship/voluntary services, <a href="mailto:queen@caa.org.na">queen@caa.org.na</a></p> <p>Ms. Lorenz Hembapu, Technical support for programming, <a href="mailto:lorenz@caa.org.na">lorenz@caa.org.na</a></p>	<p>While originally serving HIV/AIDS, their services go well beyond:</p> <ul style="list-style-type: none"> <li>• Home-based family care and counselling,</li> <li>• HIV and AIDS education and prevention</li> <li>• Care and support to destitute orphans and vulnerable children through soup kitchen and after school program activities</li> <li>• Voluntary HIV testing and counseling services (through door-to-door and community outreaches)</li> <li>• Linkages of beneficiaries to clinical, social and psychological care and support services through synergies with the other stakeholders and partners</li> </ul> <p>Services are provided without any iota of ethnic, religious and social-economic discrimination to the poorest and the neediest.</p>

<p><b>Development Aid People to People (DAPP)</b></p> <p>Director: Kirsten Moeler</p> <p>Tel. 061-258220; 061-307822 Email: kmhg@humana.org</p> <p>P.O. Box 26660, Windhoek</p> <p>Mr Thomas Etungu , Project Leader - 081 6930691</p>	<p>to control HIV via assisting infected and affected people, their outreach workers are skilled in counseling &amp; effectively navigating challenges.</p>
<p><b>Dutch Reformed Church (WO12)</b></p> <p>TEL: 061-222573</p> <p>Pastor Louw – 061-222502</p>	<p>Feeding children and elderly, providing PSS</p>
<p><b>Epilepsy Namibia (292)</b></p> <p>P. O. Box 11822, Klein Windhoek, WINDHOEK</p> <p>Ms. Harmiena Riphagen, Chairperson - Cell: 0813226834</p> <p>Website: www.epilepsynamibia.org</p>	<p>Aftercare, PSS counseling, awareness &amp; advocacy, lifestyle management for people with epilepsy.</p>
<p><b>Friendly Haven Shelter -081-1143010</b></p>	<p>For emergency shelter for women and children</p>
<p><b>Hakahana Hope Organisation (WO263)</b></p> <p>Pastor Augusto Da Cruz, Counselor)</p> <p>P. O. Box 98041, Windhoek</p> <p>ERF: 803 Omulunga Street, Hakahana, Katutura</p> <p>Tel: 061-240637; Cell: 0812531395; Email: jpdacruz@iway.na</p>	<p>Faith based organization</p> <p>Soup kitchen,</p> <p>Help people in need,</p> <p>PSS and counseling</p>
<p><b>Hitaoko Feedong and Support Welfare Organisation</b></p> <p>Cell: 081 2036933</p> <p>Erf No.5054 Katutura, Windhoek</p>	<p>Home based cared with child care, prevention of GBV, HIV &amp; poverty eradication at community level support.</p>
<p><b>International Youth Fellowship – Namibia (W290)</b></p> <p>P. O. Box 98620 Windhoek</p> <p>ERF: 12 Pelican Street Hochland Village</p> <p>Palyomwene Mutilifa 0817445728 (Counselor)</p> <p>Email: kyhong 1@naver.com</p>	<p>Counseling and therapeutic interventions to university students</p>
<p><b>KAYEC - Cnr Of City and Kampala Street, Wanaheda Katutura Windhoek</b></p> <p>Mr. Joe Mundukuta – 0812407533</p> <p>Ms. Isanee Ketjivandje - whk.kyd@kayec.org</p>	<p>For skills training and afterschool PSS support</p>
<p><b>Khomas Homeless Development Organisation (WO379)</b></p> <p>Mr. Charles Suwyers (DIRECTOR)</p> <p>P.O. Box 24442 WINDHOEK, Cell: 081 3605152</p> <p>Erf: 16 Best Street, Windhoek West</p>	<p>PSS and counseling to homeless people, soup kitchen and rehabilitation support.</p>
<p><b>Lifeline /Child Line Namibia (WO150)</b></p> <p>P O Box 1031,3 Khomasdal</p> <p>Physical Address:</p> <p>Tel: 061- 226889 Fax: 061-226894</p>	<p>Counseling centre with MHPSS direct and indirect support</p>

<p><b>Lifeline / Childline Namibia</b></p> <p><b>Windhoek, Counselling Centre</b> – 45 Bismarck Street, Windhoek</p> <p>Hotline: 116; Hotline: 106, 061-23221; 081 1400222; 081 3985510</p> <p>Ms. Rumbidzai Ngindi, Social Worker</p> <p>Email:socialworker@lifeline.org.na</p> <p><b>Windhoek GBVPU, Katutura Hospital</b> – 061-226495/99</p> <p>Ms. Kudzai Chitenga, Ms. Martha Simasiku, Ms. Tjipekapora Zaamuni,</p> <p>Ms. Victoria Mwape, Ms. Reinehilde Shikulo &amp; Ms. Rauha Kamana</p> <p><b>After School Centre, Grysbloek</b> – 061-212962</p> <p>Ms. Bertha Kajijova, Ms. Mwaka Mwamba &amp; Ms. Nadine !Naris</p>	
<p><b>Men and Family Restoration Mission (MAFAREM)</b></p> <p>Erf 3813 Daffodil Street</p> <p>Pastor Micheal Urikhob (Counselor) - Tel: 061-211080; 081 2718567</p>	<p>Teach the men and boys to respect women</p> <p>Counseling and PSS</p>
<p><b>The Miracle Psycho-social and Spiritual Organization (MPSSO)</b></p> <p>Erf 1621 Dolam, katutura</p> <p>Ms. Felicity Gouwa, Chairperson - Tel. 061-2034167; 081 270 2634</p>	<p>Soup kitchen, Collection and Giving of old clothes</p> <p>Counseling</p>
<p><b>Multiple Sclerosis Namibia (WO293)</b></p> <p>ERF: 211 Independence Avenue Windhoek</p> <p>Ms. Anke Vlok, Patient Support - Cell: 0818551340</p>	<p>Support groups, information and education, MHPSS to individuals and families affected by multiple sclerosis</p>
<p><b>Namibia Planned Parenthood Association (NAPPA) (WO I41)</b></p> <p>7 best Street Windhoek West - 061-230250; 061-265115</p> <p>Mr. Restore Mushonga - 081 2825032</p> <p>Ms. Lydia Kamati, Clinic Assistant - 081 4143957</p> <p>Mr. Erich Hanadaob, Head Nurse – 081 3160679</p>	<p>For youth/community friendly health services and linkage to PSS services</p>
<p><b>Namibian Mental Health Association. Services (WO252)</b></p> <p>The Chairperson: Mr. Andries Dreyer - Cell: 081 2446828</p>	<p>MHPSS and helping with additional needs for mentally challenged people</p>
<p><b>Namibian Partnership Solutions</b></p> <p>General Tel: 081 3058139; info@nps.org.na</p> <p>Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na</p> <p>Ms. Melissa Morar, Director (<i>reusable pads / masks design, production &amp; quality control</i>) - 081 2696283; MMorar@nps.org.na</p> <p>Ms. Theresa Farrell, Director (<i>reusable pads training &amp; community empowerment</i>) - 081 2865448; TFarrell@nps.org.na</p> <p>Mr. Engelbertus Dladla Byl, Community and program lead</p> <p>Tel. 0816043960</p> <p>Ms. Ashley Joseph, social worker - Tel. 081 3604430</p>	<p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors</p>

<p><b>Ombetja Yehinga Organisation (OYO)</b></p> <p>4 Babies Street, Suiderhof, Windhoek - Tel. 081 4203015</p>	<p>A youth friendly psychosocial support counseling line since the start of COVID-19 managed by one trained youth facilitator</p> <p>Awareness and support around HIV, GBV and other PSS issues</p>
<p><b>Philippe Trust Namibia</b></p> <p>Director: Marianne Sawyers</p> <p>Philippi Centre, Erf 7693, c/o Ara Street, Opposite Channel 7 Radio</p> <p>Dorado Park, Windhoek</p> <p>Tel. 061-259055; 065-259291</p> <p>Email: counselling@philippi.com.na; director@philippi.com.na</p>	<p><b>Targets/Mandates:</b> General public, including faith-based, civil society, youth and children.</p> <p><b>Counseling types:</b> individuals, couples, family and group.</p> <p>Face-to-face or online via zoom</p> <p><b>Training/skills:</b> Listening &amp; Responding; Fundamentals of Counselling, National Certificate in Counselling Services, National Diploma in Counselling Services including Counselling GBV Survivors, Perpetrators, Counselling Children, Counselling Groups, maintain and enhance professional practice as counsellor supervisor.</p> <p><b>COVID-19 commitments:</b> Equip church clergy by training psychosocial knowledge and skills and enable them to provide necessary support to congregants. Provide online psychosocial support to affected individuals and families.</p>
<p><b>Positive Vibes Trust</b></p> <p>Director: Salen Kambinda</p> <p>P.O. Box 25396, Windhoek West</p> <p>49 Pasteur Street</p> <p>Tel. +264 61 245556</p> <p>Email: salen@positivevibes.org</p> <p>Abigail Solomons; Abigail@positivevibes.org</p>	<p><b>Targets/Mandates:</b> AGYW, key populations, leaders, gate keepers and Parliamentarians</p> <p><b>Counselling type:</b> Interpersonal Communication sessions, Advocacy, Research,</p> <p><b>Training/skills:</b> Human Rights skills, SRHR content and concepts delivery for AG/YW and Key populations programs</p> <p><b>COVID-19 commitments:</b> COIVD/SRHR sessions with adolescent girls and young women. Community led monitoring</p>
<p><b>Project HOPE Namibia</b></p> <p>Ms. Adolfine April, Khomas Community Nurse – 081 2450990</p> <p>Ms. Celani Makuyana, DREAMS Social Worker – 081 3012381</p> <p>Ms. Patience Kamanga, DREAMS Social Worker – 081 7897630</p> <p>Mr. David Nanub, Economic Strengthening Officer - 081 1597579</p>	<ul style="list-style-type: none"> <li>• DREAMS - Safe spaces for HIV and GBV prevention and economic strengthening to AGYW (ages 10 to 24)</li> <li>• Short Term Emergency Cash support to DREAMS OVC beneficiaries (N\$250 for AGYW and N\$250 for caregiver, not exceeding 3 months)</li> <li>• Stationery and school uniform is provided for OVC beneficiaries in need</li> <li>• Short and long-term PSS (by social workers) to survivors of violence</li> </ul>



<p><b>Red Cross Namibia</b> – Near Stop n Shop Plaza, Katutura, Windhoek Tel. 061-230250; 061-413750; <a href="mailto:Enquiries@redcross.org.na">Enquiries@redcross.org.na</a> Ms. Elizabeth Shakujungua, Khomas Regional Coordinator Tel: 061-400392; 085 2648223</p>	<p>For general health and PSS services to improve the lives of vulnerable populations by mobilising trained lay counselors equipped to engage at the community level</p>
<p><b>Regain Trust</b> Tel. 081 7033203; 081 7253511 Email: <a href="mailto:Hsw@regain-trust.org">Hsw@regain-trust.org</a></p>	<p>Service Description: Offers free counseling services and referrals to victims, survivors and anyone affected by Gender Based Violence 08:00-15:00</p>
<p><b>Retoration Community Development Organisation (W0242)</b> 1st Floor Swamed Building, Office No. 15, John Mainert St, Windhoek Ms. Annaline Xaba (Chairperson) Cell: 0812889304 or 2902257; Email: <a href="mailto:vestmint@africaonline.com.na">vestmint@africaonline.com.na</a></p>	<p>Counseling children and adults, Health screening, Giving out old 2nd hand clothes</p>
<p><b>Society For Family Health (SFH)</b> Ms Taimi Amaambo Country Director Aini Paulus, Project Support Officer – 061-440600; 081 1290953</p>	<p>Providing and Promoting Public health services through empowering communities with health promotion interventions aimed at reducing health disparities and improving health outcomes in Namibia</p>
<p><b>SOS Childrens Village Association of Namibia (W033)</b> Tel: 061222457 / 061- 212582 Deidra Plaatjes (Social Worker) <a href="mailto:magret.kamati@sos-namibia.org">magret.kamati@sos-namibia.org</a></p>	<p>Providing day care, education, medical assistance. Children with parents who can't take care of them can find a loving home in one of the SOS families</p>
<p><b>Women's Solidarity Namibia (W0148)</b> Ms Rosa Nameses (National Director) 11 Behring street Windhoek West Tel. 061-262275; Cell: 0812525243</p>	<p>-Protection and support for anyone affected by violent acts -Initial MHPSS Counseling &amp; referrals</p>
<p><b>Young Women Christian Association (YWCA) (W079)</b> The Secretary: Ms. Monica Semeon Tel: 061-263484/ 081 2870606</p>	<p>Empowerment, leadership, rights homebased care, peer counseling and group work.</p>
<p><b>The Association for Children with Language, Speech and Hearing Impairments (CLASH) (W070)</b> Programme Officer: Ms Lynia Mudjanima Tel: 061-232704; Email: <a href="mailto:clash@mweb.com.na">clash@mweb.com.na</a></p>	<p>INTERVENTION, IDENTIFICATION OF DEAF CHILDREN, CHILDREN WHO ARE DEAF GET THE SUPPORT THEY NEED</p>

## 5.13 HARDAP MHPSS SERVICE CONTACT SHEET

**Capital:** Mariental  
**Total Area:** 109,781km<sup>2</sup>  
**Total population:** 79,507  
**Population Density:** 0.72/km<sup>2</sup>

**Governor:** Hon. Rev. Salomon April  
 Tel: +264-63-245800 / 6222 / 6223  
 Governor@hardapog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
<b>Child Care and Protection Forums</b>	MGEPEWSW Social Workers 062-522571
<b>School Health Task Force</b>	MS. PC van Wyk 081 2521529
<b>Regional AIDS Coordinating Committees (RACOCS)</b>	Chairperson Regional Council Hon. E. Wambo 081 2069920
<b>COVID-19 Task Force</b>	Hardap Regional Council 063-245800
<b>Development Committees</b>	Hardap Regional Council 063-245800
<b>Gender Based Violence Forum</b>	Inspector Simata 063-202353
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><b>Rehoboth</b> – Erf 95 Block B, Rehoboth - 062-522571                      Ms. Hileni Indongo, Social Worker                      Ms. Selma Uuwanga, Social Worker - 0 814683783</p> <p><b>Mariental</b> - Old Danie Joubert Hostel Complex - 063-242542                      Ms. Sylvia Muhinda, Senior Social Worker - 081 6707711                      Ms. Mudmella Kharases, Social Worker                      Ms. Emilia Shaalukeni, Social Worker – 063-251711</p> <p><i>Mr. Jacky Gaingob Regional grant support leads - 063 245225</i>  <i>Mr. Jansen poverty/Food bank 063- 242603</i>  <i>Mr. L. Gariseb, ECD lead 081 262 3884</i></p>	<ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• grant applications and linkage to PSS services</li> <li>• Early Childhood Education support and linkage to associated PSS services</li> <li>• Linkage to food bank</li> <li>• PSS services for those living with disabilities</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b><i>Mariental – Regional Office</i></b></p> <p>Ms. Renee Von Watzdorf, Chief Social Worker Tel. 063-245521; 081 2831149</p> <p>Ms. Shereen Lutibezi, Social Worker – 063-245262; 081 3600752</p> <p>Mr. Joey Hoabes, Social Worker – 063-245263; 081 3676231</p> <p>Ms. Gertuida Burger, Social Worker - 081 252 8774</p> <p><b><i>Rehoboth</i></b></p> <p>Ms. Yvonne January, Senior Social Worker Tel. 062-521920; 081 2292750</p> <p>Ms. Andrea Steyn, Social Worker – 062-521917; 081 3449125</p> <p>Ms. Loini Shinyama, Social Worker – 062-521917; 081 3364352</p> <p>Ms. Annelie Van Wyk, Social Worker – 062-521916; 081 5926958</p> <p>Ms. Christians (Principal Of Health Clinic, Block B) - 062 521900</p> <p><b><i>St. Mary's Hospital, Rehoboth</i></b> - 062-522006; 081 7043086</p> <p>Ms. Hentie Swartz (HIV and community PSS support)</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit (GBVPU)</b></p> <p><b>Mariental</b> - 063-345000; 063-345016</p> <p><b>Rehoboth</b> – Mr. Fanie Beukes - 062-5232223; 062-522981</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture (MOEAC)</b></p> <p>Danie Joubert Hostel Complex</p> <p>Ms. Priscilla Van Wyk, Senior Education Officer (head of life skill teachers and school counselors) - 081 252 1529</p> <p>Ms. Talitha Kaibeb, Life Skills Lead - 081 78 56223</p> <p>Mr. Julies, Life Skills Lead - 081 820 5461</p>	<p>For education issues and linkage to life skill teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service (MSYNS)</b></p> <p><b><i>Mariental Multi-Purpose Youth Resource Center/Regional Office</i></b></p> <p>Mr. I. Pieters, Youth Officer – 063-242445; 081 2453828</p> <p><b><i>Kai//ganaxab Youth Skills Training Centre Office:</i></b> 063-240808</p> <p><b><i>Rehoboth Youth Office:</i></b> 063-524691</p> <p>Mr. Luwellyn Mouton - 081 706 8449</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion of rural youth in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p>Rehoboth - 062 524358</p> <p>Mariental - 063 24073</p>	<p>For registration (<i>civil registration and vital statistics such as birth registration, Identification Documents, death certificates, etc</i>)</p>

Private Mental Health Providers	
<p><b>Let's Talk Psychologists</b></p> <p>Clinical Psychologists and Psychological Counsellors</p> <p>No 7 Church Street, Rehoboth – 062 525158</p> <p>Contact by website: <a href="https://www.letstalkpsych.biz/index.php#contact">https://www.letstalkpsych.biz/index.php#contact</a></p>	<p>Provides, individual, couple, family groups counseling/therapy using a variety of approaches and techniques: behavioural, art, psychotherapy, cognitive therapy and humanist approaches.</p> <p>Private/Insurance fees.</p>
Community Based Services	
<p><b>Lifeline / Childline Namibia</b></p> <p><b>Rehoboth MGEPEWS</b></p> <p>Ms. Madgalena Shikongo, 081 2635189</p> <p>Ms. Marigene Garises, 081 2635189</p> <p><b>Mariental MGEPEWS</b></p> <p>Ms. Lawrence Xoagub – 081 2635291</p> <p>Mr. Simon Paulus – 081 2635291</p>	<p>MHPSS direct support</p>
<p><b>Light House Children and Youth Ministry, Block E, Rehoboth</b></p> <p>Ms. Gerlinda Shipipa</p>	<p>For After School Activities and Feeding Scheme for children</p>
<p><b>Namibian Partnership Solutions</b></p> <p>General Tel: 081 3058139; info@nps.org.na</p> <p>Ms. Heather Ross, Director (<i>invisible communities, training and programming</i>) - 081 5876866; HRoss@nps.org.na</p> <p>Ms. Melissa Morar, Director (<i>reusable pads / masks design, production &amp; quality control</i>) - 081 2696283; MMorar@nps.org.na</p> <p>Ms. Theresa Farrell, Director (<i>reusable pads training &amp; community empowerment</i>) - 081 2865448; TFarrell@nps.org.na</p> <p>Mr. Engelbertus Dladla Byl, Community and program lead – 081 6043960</p> <p>Ms. Zelnaida Engelbrecht, social worker – Hardap, //Kharas - 081 4708688</p>	<p><b>Targets:</b> most vulnerable marginalized from or being missed by services: ALHIV, children/youth living on the street, living with disabilities, victims of trafficking, those living under severe poverty.</p> <p><b>Services:</b> research / assessments, crisis / front line MHPSS support at all levels of care: Individual, group / family, community &amp; systems. Raising awareness, empowerment, income generating, capacity trainings and network / system strengthening. Lay / community counselors supervised by social workers.</p> <p>Manufacture reusable pads masks coinciding w education</p>
<p><b>Christ Hope International</b></p> <p>Block C, Rehoboth - Vivian 081 4097686</p>	<p>For After School Activities and Feeding Scheme for children living with HIV and those affected</p>
<p><b>Chain Breakers, Block A, Rehoboth</b></p> <p>Mr. Collin Plaatjies - 081 2968270</p>	<p>PSS for Youth and Adults in Substance Abuse/ Abuse / Suicide</p>

## 5.14 //KHARAS MHPSS SERVICE CONTACT SHEET

**Capital:** Keetmanshoop  
**Total Area:** 161,514 km<sup>2</sup>  
**Total population:** 77,421  
**Population Density:** 0.48/km<sup>2</sup>

**Governor:** Hon. Aletha Frederick  
 Wheeler Street, Education Building  
 Tel: +264-63-225627  
 Email: governor@kharasog.gov.na



Active Networking Bodies: Forums and Task Forces	Organizer contacts:
Child Care and Protection Forums	Mercia Forbes 081 341 8942
School Health Task Force	Ms. Otilie Lamperth 081 286 5528
Regional AIDS Coordinating Committees (RACOCS)	Regional council – Mr. Jan Scholts 063 203 800 OR Veroka Kaukungwa – 081 2477747
Development Committees	Regional Council – Mr Beatus Kasete 063 203 800
Gender Based Violence Forum	W/O Kauringa 081 2936009 W/O Plaatjie 081 235 0021
Government Services Contact Details	Description of services
<p><b>Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW)</b></p> <p><i>Keetmanshoop Regional Office</i> – Government Building                      Mercia Forbes, Senior Social Worker – 063-222063; 081 4790907                      Mr. Samuel Shimuningeni, Social Worker – 081 833 8057                      Ms. Selma Uugwanga, Social Worker (Selma is in Hardap Region now)                      Ms. Clothilde Audrey Skrywer, Social Worker</p> <p><i>Regional grant support leads</i>                      Ms. Krohne 063 222063</p> <p>Regional Disability support lead:</p> <p>Regional poverty/Food bank support lead:                      Chief Community Officer – Mr. Haungwe 063 222063</p> <p><i>Regional Early education support leads:</i>                      Chief Community Liaison Officer – Ms Bott 063 222063</p>	<p>For social welfare support and grant application for children</p> <ul style="list-style-type: none"> <li>• Social Workers for MHPSS support</li> <li>• Support for gender-based violence and violence against children</li> <li>• Administrative Officers (AO) for grant applications and linkage to PSS services</li> <li>• Early Childhood Education coordination and linkage to associated PSS services</li> <li>• Linkage to food bank and PSS services</li> <li>• PSS services for those living with disabilities to linkage to additional MHPSS services as needed</li> </ul>

<p><b>Ministry of Health and Social Service</b></p> <p><b>Luderitz Hospital</b></p> <p>Ms. Ishitile, Social Worker – 063-202446; 081 2859787</p> <p><b>Karasburg Hospital</b></p> <p>Ms. Andreas, Social Worker 063-270167; 081 7051483</p> <p><b>Keetmanshoop</b></p> <p>Ms. Ana Magrieta Louw, Chief Social Worker – 081 3831459</p> <p>Ms. Visit Simasiku, Social Worker – 063-2209030; 081 7478783</p> <p>Ms. Z. Simurya, Senior Social worker - 063-2209085; 081 3716995</p> <p>Ms. J. Windstaan, social worker – 063-22209060; 081 2551242</p> <p>Mr. Huchu - Rugare, KHP?– 081 4384037</p> <p><i>For HIV support:</i></p> <p>Ms. Kasimia, social worker - 063-2209180; 081 5817798</p> <p>Mr. Erdwin, HIV counselor – 0812243043</p> <p>Ms. Tryna Olman – Retired Nurse- HIV Counselling Karasburg 081 386 7828</p>	<p>For any MHPSS social support for adults, including gender based violence, addiction, suicide and other health related issues</p>
<p><b>NAMPOL (police emergency) - toll free SMS 4444</b></p> <p><b>NAMPOL Gender-Based Violence Protection Unit</b></p> <p><b>Luderitz</b> - 063-202255; 063-202255</p> <p><b>Keetmanshoop</b> - 063-221844</p>	<p>For police support for gender based violence and linkage to PSS supports</p>
<p><b>Ministry of Education, Arts and Culture -</b></p> <p>Ms. Otilie Lambert – 081 2865528</p>	<p>For education issues and linkage to lifeskill teachers and school counselors</p>
<p><b>Ministry of Sports, Youth and National Service (MSYNS)</b></p> <p><b>Keetmanshoop Multi-Purpose Youth Resource Center</b></p> <p>Ms. A. van Wyk – 063-2279959; 063-222884</p> <p><b>Lüderitz Multi-Purpose Youth Resource Center Office:</b> 063-203367</p> <p><b>Karasburg Youth Office:</b> 063-270059</p>	<p>For youth (16-35)</p> <ul style="list-style-type: none"> <li>• Child Justice/Empowerment Initiatives</li> <li>• Information/Youth Health: Provision of information and promoting positive social behavior change and connection to Adolescent Friendly Health Clinics and other psychosocial support services as needed.</li> <li>• Rural Youth Development targeting inclusion of rural youth in activities &amp; initiatives</li> </ul>
<p><b>Ministry of Home Affairs, Immigration, Safety &amp; Security (MHAISS)</b></p> <p><b>Keetmanshoop</b> – 063-222263</p>	<p>For registration (<i>civil registration birth/death certificates, identification documents, etc</i>)</p>

Community Based Services	
<p><b>Society For Family Health (SFH)</b> Mr. John Goliath - 081 8674152 Luderitz</p>	<p>Providing health services through empowering communities with health promotion interventions aimed at reducing health disparities &amp; improving outcomes</p>
<p><b>Lifeline / Childline Namibia</b> <i>Keetmanshoop (based at MGEPEWS Office) - 081 2635173</i> Ms. Thusnelde Guruses &amp; Mr. Nicolaas Sarles</p>	<p>PSS direct support</p>
<p><b>Luderitz Disability Association – Main Street, Luderitz</b> Mr./Ms. Nautilus - 081 6942857</p>	

## 6. ADDITIONAL SPECIALIZED SERVICES: SAFE HOMES

In addition to the shelters as noted in section 4.3, the Ministry of Gender Equality, Poverty Eradication and Social Welfare (MGEPEWSW) works with stakeholders to play a major role in the care and protection of victims of Gender Based Violence (GBV), Violence Against Children (VAC) and Trafficking in Person (TIP). Below are other organizations to serve as places of safety.

NAME OF OF FACILITY AND CONTACT INFORMATION
<p><b>Zambezi / Katima Mulilo / Mushanga Village</b>  <b>Children of Zion Village (WO 204)</b>            Manager: Mr. Tau Jokonya - Cell: +264 81 6851378; Office: +264 66252438            Email: childrenofzionvillage@gmail.com; tjokonya7@gmail.com</p>
<p><b>Erongo / Walvis Bay</b>  <b>Jonah Home for Children (WO 408)</b> Tel. 064-220751; 0811224191            Manager: Ms. Petro Meyer; Board member: Mr. Bernard Grove            House Manager: Ms. Elaine Winterbach - Cell: 081 3611174            House Mother: Ms. Beulah van Wyk - Cell: 081 6048768; <a href="mailto:Bernard.grove@wbsalt.com">Bernard.grove@wbsalt.com</a></p>
<p><b>Erongo / Omaruru</b>  <b>Omaruru Children's Haven (WO 282)</b> - Tel: 064-571384 Email: <a href="mailto:havenchi@iway.na">havenchi@iway.na</a>            Manager: Mr. Lazarus Musambani - Cell: 081 3198436            Office Manager: Ms. Sonja Mumbala - Cell: 081 2004291</p>
<p><b>Erongo / Walvis Bay</b>  <b>Walvis Bay Kidz Haven (WO 407)</b>            Manager: Maureen Baard ; Tel: 081 2218081; <a href="mailto:drs-vnp@iway.na">drs-vnp@iway.na</a>; <a href="mailto:baardmaureen@gmail.com">baardmaureen@gmail.com</a></p>
<p><b>Kavango East / Diyona Constituency</b>  <b>Hompa Shiyambi Children's Home</b>            Manager: Ms. Anny Della; Administrator: Ms. Juanita Steyn            Tel. 081 2956187; <a href="mailto:sroelienkayova@iway">sroelienkayova@iway</a>; <a href="mailto:kayovariverlodge@iway.na">kayovariverlodge@iway.na</a></p>
<p><b>Khomas / Windhoek</b>  <b>SOS Children's Village (WO 33)</b>            Acting Manager: Ms. Haingura; Tel: 061-212582; 061-211119, <a href="mailto:soswhk@childrenvillages.org">soswhk@childrenvillages.org</a></p>
<p><b>Khomas / Windhoek</b>  <b>Dolam Children's Home (WO 184)</b>            Manager: Ms. Rosa Namises            Tel: 061- 269292; Tel: 061-260924; Cell: 081 2525243; Email: <a href="mailto:womensolnam@gmail.com">womensolnam@gmail.com</a></p>
<p><b>Khomas / Windhoek</b>  <b>Namibian Children's Home</b>            Ms. Helen Siamwanda; Tel: +264 61-225931; <a href="mailto:Helen.Siamwanda@mgecw.gov.na">Helen.Siamwanda@mgecw.gov.na</a></p>
<p><b>Khomas / Windhoek</b>  <b>Hope Village (WO 270)</b>            Manager: Mr. Kingston Makoni - Cell: 0816071896; Email: <a href="mailto:Makoni.kingston@gmail.com">Makoni.kingston@gmail.com</a>            Secretary: Ms. Yvonne: Cell: 0812852701</p>
<p><b>Khomas / Windhoek</b>  <b>ENVOY FOR REBUILDING THE POOR, ORPHANED &amp; WIDOWED (ERPOW) (WO 343)</b>            Manager: Mr. Jaco Kotze; Tel: 061-238486; Cell: 081 1292550; Email: <a href="mailto:jacokotze@iway.na">jacokotze@iway.na</a></p>
<p><b>Khomas / Windhoek</b>  <b>House Maerua (WO 8)</b>            Manager: Ms. Von Dewitz            Tel. 061-383250; 061-235782; 081 7762636; Email: <a href="mailto:Huismaerua.bestuur@ecsos.org">Huismaerua.bestuur@ecsos.org</a></p>



<p><b>Khomas / Windhoek / Katutura</b>  <b>Orlindi's Place of Safety (WO 244)</b>  Manager: Claudia Namises; Cell: 0812377519; Email: orlindi99@hotmail.com</p>
<p><b>Oshikoto / Tsumeb</b>  <b>SOS Children's Village (WO 33)</b>  Manager: Ms. Theopolina Haitembu - Tel: 067-220946</p>
<p><b>Oshana / Ondangwa</b>  <b>SOS Children's Village (WO 33)</b>  Manager: Ms. Juliet Ferreira - Tel: 065-2401390; Email: sosnam@iway.na</p>
<p><b>Otjozondjupa / Mangetti Dune</b>  <b>Casa Angelo</b>  Manager: Doctor Melitta Bosshardt - 067-240246 (Clinic at Mangetti Dune)</p>
<p><b>Otjozondjupa / Kalkveld</b>  <b>Ngatuvevatere Children's Home (WO 416)</b>  Founder: Ms. Gisela Tjitemisa - Cell: 0813736346  Manager: Mr. Mischeck Swafi- Cell; 0815539264; Email: mischeckswafi@gmail.com</p>
<p><b>Kunene / Khorixas</b>  <b>Sunrise Centre (unregistered facility)</b>  Manager: Ms. Garises - Email: mariannagames@gmail.com   Tel. 067-331337; 081 2418753; 081 5549940; 081 7366750</p>
<p><b>//Kharas / Aussenkehr</b>  <b>Aussenkehr Child Care Centre (unregistered facility)</b>  Manager: Ms. Rakkell Imbonde Tel: 063-297048; 081 3753552; <a href="mailto:rakkeraimbondi11@gmail.com">rakkeraimbondi11@gmail.com</a></p>
<p><b>Erongo / Swakopmund</b>  <b>Tears of Hope (unregistered facility)</b>  Manager: Naftaline K. Mauha - Cell: 0812809310; Email: nmtearsofhope@gmail.com  Board member: Mr. Smit - Cell: 0811404900</p>
<p><b>Hardap / Rehoboth</b>  <b>Nevaeh's Children's Haven (unregistered facility)</b>  Block F, Erf 720, Rehoboth  Founder: Ms. Maxinne Diergaardt &amp; Manager: Zelnadia Engelbrecht; Cell: 081 4708688   Tel: 081 605 2824 / 081 3665667; Email: nevaeh'schildren'shaven@gmail.com</p>

## Homes servicing children with special needs

NAME AND TYPE OF FACILITY AND CONTACT DETAILS
<p><b>Erongo / Walvis Bay</b>  <b>Walvis Bay Child and Family Centre (WO 165)</b>            Manager: Ms. Haingura; Tel: +264 64 203534            Ms. Elsa Murangi (secretary); Cell: +264 812084919; Email: <a href="mailto:wbcfc@iafrica.com.na">wbcfc@iafrica.com.na</a></p>
<p><b>Hardap / Rehoboth</b>  <b>Die Lebensschule</b>            Manager: Ms. Kathy Hampe; Tel: 062-524506; 081 6650363 ; Email: <a href="mailto:pham@iway.na">pham@iway.na</a></p>
<p><b>Khomas, Windhoek</b>  <b>CLASH Language, Speech and Hearing Impairments (WO 70)</b>            Director: Ms. Heide Beinhauer; Tel: 061-232704; Email: <a href="mailto:adm@clash-namibia.org">adm@clash-namibia.org</a></p>
<p><b>Khomas / Windhoek</b>  <b>Onyose Trust</b>            Coordinator: Ms. Godtfriedine Kaura; Office: 061-213358/ 061-244850 / 061-213358</p>
<p><b>Oshana / Oshakati / Okandjengedi,</b>  <b>Dr Aupa Frans Indongo Special Care Centre (WO 316)</b>            Tel. 081 4385745; Email: <a href="mailto:faiscc@gmail.com">faiscc@gmail.com</a></p>
<p><b>Oshikoto / Tsumeb</b>  <b>Tsumeb Family Support Centre (WO 276)</b>            Manager: Ms. Katrina Shiyuka</p>
<p><b>Zambezi / Katima Mulilo / Ngwezi</b>  <b>Cheshire Home (WO 41)</b>            Manager: Ms. Mazurkiewicz &amp; Ms. Margaret Dziadkowiec            Tel. 066-253370; 081 8287324; Email: <a href="mailto:cheshirekatima@gmail.com">cheshirekatima@gmail.com</a></p>
<p><b>Zambezi / Katima Mulilo</b>  <b>Mainstream Foundation for children with or without disabilities (WO 334)</b>            Manager: Ms. Sylvia K. Chidunka Tel. 066-253116; 081 2983557</p>

## 7. ADDITIONAL SPECIALIZED SERVICES (Addictions and Rehabilitation Support)

<p><b>Ministry of Health and Social Services</b></p> <p><b>Etegameno Resource &amp; Rehabilitation Centre</b></p> <p>Tel. 061-269348; 061-2033499</p>	<p>Etegameno Centre supports treatment and rehabilitation of drug and alcohol dependence for individuals and their families.</p>
<p><b>Dutch Reformed Church</b></p> <p>Manager: Amanda Kruger – 081 3341965</p> <p><i>Sex and Love Addicts</i></p> <p>081 1284242 / 081 2198353</p> <p><i>Narcotics Anonymous</i></p> <p>081 1292428 / 081 1284848</p>	<p>Offering PSS individual and support group around addictions as noted</p>
<p><b>Methodist Church</b></p> <p>Address: opposite Windhoek Public Library, Luderitz St.</p> <p><i>Alcoholics Anonymous Namibia</i></p> <p>081 3256144; 081 1776459</p> <p>Alcoholicanonymousna@gmail.com</p> <p><i>Al Anon (for family and friends)</i></p> <p>061-221600</p> <p><i>Eating Disorders Anonymous</i></p> <p>081 1284243</p> <p><i>Gamblers Anonymous</i></p> <p>081 1284242</p>	<p>Offering PSS individual and support group around addictions as noted</p> <p><i>Alcoholics anonymous in Windhoek – meetings take place on Mondays, Wednesdays and Thursdays 19:00-20:00</i></p>
<p><b>Aftercare support groups for addiction:</b></p> <p><b>Erongo</b></p> <p>Swakopmund – 081 2332525; 081 1221373</p> <p>Usakos – 081 8608326</p> <p>Walvis Bay 064-216366; 064-216322</p> <p><b>Kunene/Outjo</b> – 081 2558683</p> <p><b>Otjondjupa/Otjiwarongo</b> – 081 2091969</p> <p><b>//Kharas/Keetmanshoop</b> 081 7478783; 085 7043210</p> <p><b>Rehoboth</b> – 081 812 8681</p>	<p>Support groups for those struggling with addiction</p>

## 8. ADDITIONAL SPECIALIZED SERVICES (Disability and Chronic Care Support)

A full directory is found at: <http://sidebysidenamibia.com/wp-content/uploads/2020/08/Directory-of-Organisations-Supporting-Persons-With-Disability-and-Chronic-Care-Needs.pdf>

<p><b>The Cancer Association of Namibia</b>            90 John Meinert Street Windhoek West            Phone: 061 237740            Email: help@can.org.na</p>	<ul style="list-style-type: none"> <li>• Psychosocial support (individual and group) for Cancer patients &amp; their families/ support people</li> <li>• Assistance with patient financial, transport , equipment, medical and nutrition supplements</li> </ul>
<p><b>CLaSH: The Association for Children with Language, Speech and Hearing Impairments of Namibia</b>            80 Dr. Frans Indongo St Windhoek West            Tel. 061 232704            Email: clash@afol.com.na</p>	<ul style="list-style-type: none"> <li>• For children with hearing loss and their parents/caregivers and teachers</li> <li>• Early identification, early intervention, early education of children with hearing loss, parental guidance, training sessions, awareness raising printed materials</li> </ul>
<p><b>Down Syndrome Association of Namibia (DSAN)</b>            Moreson Special School, National Institute of Special Education (NISE)            6 Kroon St, Khomasdal, Windhoek            Eline van der Linden - 081 1244202            Anita Manthe 081 242 2302 - Education Co-ordinator</p>	<p>For all people with down syndrome in Namibia and their families and/or caretakers</p> <p>To provide information and support to all people with down syndrome in Namibia and their families and/or caretakers</p>
<p><b>Epilepsy Namibia Organization</b>            PO Box 11822, Klein Windhoek            namep@epilepsynamibia.org</p>	<p>For people with epilepsy, their families and/or support persons offering support, awareness, Epilepsy Life- style Management, Training, Advocacy</p>
<p><b>Good Hope Trust</b>            Sebastian Kudumo            Cell: 0812736699 or 0812918051</p>	<p>Support to children/youth with disability related to their education</p>
<p><b>Namibia Diabetes Lifestyle Foundation</b>            Susan Grobler - 081 357 4441</p>	<p>For people with diabetes and their support people assisting with lifestyle advocacy - adjustments, counseling and encouragement</p>
<p><b>Okanti Foundation</b>            Finkenstein Estate, Koedostr 208 PO Box 80544 Windhoek - 081 1278544</p>	<p>Supporting Namibian families with a chronically ill child emotionally, financially, and with practical support and advice</p>
<p><b>Side by Side Early Intervention Centre</b>            Assuit Street Goreangab            Huijie van Wyk            Email: info@sidebysidenamibia.com</p>	<p>An early intervention centre for (young) children with special needs</p> <ul style="list-style-type: none"> <li>• From birth to 7 years at the day care centre</li> <li>• From birth to 12 years for weekly sessions</li> <li>• Home visits for children under the age of 2</li> </ul>
<p><b>Dyslexia Support Group</b>            OtjiwarongoRetha Holtzkampf 0812611290            Email: niesla1328@gmail.com, also has Facebook and Whatapp groups to share info</p>	<p>Mother of a child with dyslexia providing information and emotional support to children with dyslexia and their families</p>
<p><b>Luderitz Disability Association</b>            Constituency Office Main Street Nautilus            081 6942857            Email: luderitzdisabilityassociation @gmail.com</p>	<p>Provide information and support to all people with disabilities</p>







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