

This project is financially supported by the global **Scaling Up Nutrition (SUN)** Movement:

www.scalingupnutrition.org ⇒



for activities to help establish a **Namibian Civil Society Alliance** that will become part of the global **SUN - Civil Society Network**

⇐ www.suncivilsociety.com



...for more information

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61 countries are leading a **global movement to end malnutrition** in all its forms.



Civil Society Network

ENGAGE • INSPIRE • INVEST



Establishing a Civil Society Alliance around

Nutrition in Namibia

In **Namibia and worldwide**, a shockingly high number of children are either under- or malnourished. This impacts causes severe, lasting damages and even death.

*It is a **sign of malnutrition** that:*

- *1 of 4 Namibian Children are stunted in their growth and development*
- *1 of 3 Namibian Women (15-49 years) suffer from Anemia = low levels of red blood cell or hemoglobin, indicating lack of proper oxygen in the body*
- *Less than half of all Babies are Exclusively Breastfeed in their first 5 months*

The first 1000 days of a human being determines their future mental, physical and emotional potential. Proper nutrition as from pregnancy throughout childhood is essential for the growth and development of individuals and for us as a nation.

With a proper understanding of the different aspects of nutrition and the role it plays in the various phases of our lives, we can make a positive change together.

The Namibian Government, with support by local and international partners, is reviving the Food and Nutrition Security Council to implement a **multi-sectoral approach to improve the food security and nutrition situation for all Namibians.**

This project therefore aims to support and compliment these government efforts by identifying relevant stakeholders from Civil Society (plus academia and private sector) and to bring them together. We need everyone to give their input and make their contributions to ensure that we as Namibians are well informed, make the right choices and that we have plenty of healthy and nutritious food available.

Nutrition is connected to so many different aspects of our lives, and can be improved through actions in these four main areas:

